

August 3, 2019

To

The Secretary (Listing Department)
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001

The Manager,
The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051

BSE Scrip Code: 540203

NSE Symbol: SFL

Subject: Con Call invite: August 6, 2019

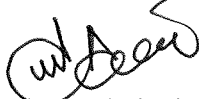
Dear Sir/Madam

Pursuant to Regulation 30 and other relevant provisions of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015, we wish to inform that the Company will be holding investor/analyst conference calls on Tuesday, August 6, 2019 from 17.00 Hours (India Time). During such calls, the Management will comment on the financial results for the quarter ended 30th June, 2019. Transcript of the said call will be subsequently published on the Company's website <http://www.sheelafoam.com/investor/conferencecall>

Please find enclosed details of the aforesaid investor/analyst conference call.

Thanking you.
Yours faithfully,

For Sheela Foam Limited

A handwritten signature in black ink, appearing to read 'Md. Iqbal Ahmad', written over a circular stamp.

(Md. Iqbal Ahmad)
Company Secretary and Compliance Officer

SHEELA FOAM LTD.

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CIN-L74899DL1971PLC005679

CONFERENCE CALL

SHEELA FOAM LIMITED

Hosted by Edelweiss Securities

India Equity Research



We are organising a conference call with the management of Sheela Foam Limited, to discuss the company's Q1FY20 financial results on Tuesday, August 6, 2019 at 5.00 PM IST.

Mr. Rahul Gautam - Managing Director and Mr. Pankaj Garg – CFO, will represent Sheela Foam Limited on the call.

Details of the conference call are as under:

Time : 5.00 PM IST on Tuesday, August 6, 2019

Conference dial-in:		
India	:	Mumbai
		Primary access number
		+ 91 22 6280 1123
		+91 22 7115 8024
USA	:	1 866 746 2133
UK	:	0 808 101 1573
Singapore Toll Free No.	:	800 101 2045
Hong Kong Toll Free No.	:	800 964 448

Call leader : Mr. Nihal Mahesh Jham

For further information please contact:

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 E-mail: nihal.jham@edelweissfin.com