

30th July, 2019

To The BSE Limited Phiroze Jeejeebhoy Towers Dalal Street, Mumbai-400001

The National Stock Exchange India Limited Exchange Plaza, Bandra Kurla Complex Bandra(E), Mumbai-400051

Scrip Code: 540203

Symbol: SFL

Subject: Intimation of Board Meeting

Dear Sir/Madam

Pursuant to the provisions of Regulation 29 of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on Tuesday, 6th August, 2019 to interalia to approve and take on record the Un-audited Financial Results of the Company for the quarter ended on 30th June, 2019.

Kindly take the same on record.

Thanking you,

Yours truly, For Sheela Foam Limited

Md Iquebal Ahmad Company Secretary & Compliance Officer

SHEELA FOAM LTD.

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