

24th January, 2019

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051

Scrip Code: 540203

Symbol: SFL

Subject: Intimation of Board Meeting and Closure of Trading Window

Dear Sir/Madam

Pursuant to the provisions of Regulation 29 of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on 1st February, 2019 to inter alia to approve and take on record the un-audited Financial Results of the Company for the quarter and nine months ended on 31st December, 2018.

Please note that trading window to deal with share of the company is closed, for key employees, from 9 A.M. on January 25, 2019 till the end of 48 hours after the Financial Results for the quarter ending 31st December, 2018 are made public on 1st February, 2019.

Kindly take the same on record.

Thanking you,

Yours truly,
For Sheela Foam Limited



Md Iqbal Ahmad
Company Secretary & Compliance Officer

SHEELA FOAM LTD.