

Talwalkars Healthclubs Limited

(Formerly known as Talwalkars Lifestyles Limited)

Regd Office: 801-813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai – 400026.

CIN: U93090MH2016PLC280127; Tel.: 022-2355 6000 Fax: 022-2355 6363

email: investor@talwalkars.net website: www.talwalkarshealthclubs.com

Date: 13th April, 2019

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400 051.

To
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001

Dear Sir,

Re: **Talwalkars Healthclubs Limited; Scrip Symbol: TALWGYM; Scrip Code: 541545**
Sub: **Compliance with 52 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015**

Pursuant to the Regulation 52(1)(a) of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, the Company shall submit quarterly/year-to-date unaudited, standalone and consolidated financial results within 45 days from the end of each quarter during the financial year 2019-20 and annual audited standalone and consolidated financial results along with the results of the last quarter for the financial year 2019-20 within 60 days from the end of the financial year.

Kindly take the same on your record and acknowledge receipt of the same.

Thanking You.

Yours faithfully,
For Talwalkars Healthclubs Ltd.



Avanti Sankav
Company Secretary