

Source Natural Foods and Herbal Supplements Limited

Registered Office: 201, IInd Floor, Sumeru Towers, #54/46, 39th A Cross, 11th Main Road, Jayanagar 4th T Block, Bangalore - 560 041 Phone: +91(80) - 26087727 / 26 Fax: 080 - 22449505 Email: info@source-natural.com Website: www.source-natural.com CIN: L24231KA1995PLC101742

The Manager,
Department of Corporate Services,
BSE Limited
25th Floor, PJ Towers,
Dalal Street, Mumbai – 400 001

January 29th, 2019

Sub: Intimation of Board Meeting Ref: Scrip Code – 531398

Dear Sir/Madam,

Please take Notice that the next Meeting of the Board of Directors of the Company will be held on Wednesday, the 6^{th} February, 2019 to inter-alia consider and approve the unaudited financial results for the quarter ended and nine months ended 31^{st} December, 2018 and to consider and take on record the Limited Review Report to be issued by the Statutory Auditors of the Company for the same.

This is in compliance with Regulation 29(1) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

It is further informed that pursuant to the Company's Code of Conduct to regulate, monitor and report trading by Insiders framed in accordance with the SEBI (Prohibition of Insider Trading) Regulations, 2015 and Section 195 of the Companies Act, 2013, the Trading Window of the shares of the Company will remain closed from 29th January, 2019 to 9th February, 2019 (both days inclusive).

Please take the same on your records and do the needful.

Thanking You, Yours Truly,

or Source Natural Foods and Herbal Supplements Limited

Sweta Joshi

Company Secretary and Compliance officer









