

Aayush Food and Herbs Limited

Registered Office : W-321, Ground Floor, Chirag Delhi, New Delhi-110017, Tel.: 011-46095455
Email: aayushfoodherbs@gmail.com, www.aayushfoods.com, CIN: L01122DL1984PLC018307

To,

6th April, 2021

Department of Corporate Services,
BSE Limited,
PhirozeJeejeebhoy Towers,
Dalal Street, Fort, Mumbai – 400 001
(Scrip ID – AAYUSH, Scrip Code – 539528)

The Listing Department,
Metropolitan Stock Exchange of India Limited,
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,
Opp. Trident Hotel, BandraKurla Complex, Bandra (E),
Mumbai – 400 098
(Symbol – AAYUSH, Series – EQ)

Sub: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011.

Ref.: Scrip Code-539528

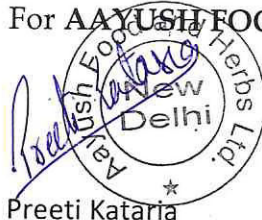
Dear Sir,

Please find enclosed the yearly disclosure under regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulation, 2011, as amended, received from the Promoter & Promoters Group of the Company for the year ended on 31st March, 2021, for your kind perusal and Records.

Kindly take the note of the same.

Thanking You

Yours faithfully,
For **AAYUSH FOOD AND HERBS LIMITED**



Preeti Kataria

Preeti Kataria
Company Secretary & Compliance Officer

To,

5th April, 2021

Department of Corporate Services,
BSE Limited,
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(Symbol – AAYUSH, Series – EQ)

Dear Sir/Maam,

Sub: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011.

Ref.: Aayush Food And Herbs Limited (Scrip Code-539528)

Dear Sir,

In terms of Regulation 31(4) SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011, we hereby declare and confirm that we, along with persons acting in concert, have not made any encumbrance over the shares held by us, directly or indirectly, during the financial year ended March 31, 2021.

Kindly take on record the above information and acknowledge the receipt of the same.

Thanking You,

Yours faithfully
For **Aayush Food and Herbs Limited**



Pallavi Mittal
Managing Director