

31.03.2020

To

The BSE Limited The National Stock Exchange India Limited

Phiroze Jeejeebhoy Towers Exchange Plaza, Bandra Kurla Complex

Dalal Street, Mumbai-400001 Bandra(E), Mumbai-400051

Scrip Code: 540203 Symbol: SFL

Subject: Closure of trading window

Dear Sir/Madam

Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in Shares of the Company, for persons specified under the Code, shall remain closed from April 1, 2020 till end of 48 hours after the Financial Results for the quarter ending March 31, 2020 shall be made public.

This is for your information and record.

Thanking you,

Yours truly,

For Sheela Foam Limited

Sd/-

(Md Iquebal Ahmad)

Company Secretary and Compliance Officer