



## GIAN LIFE CARE LIMITED

Regd Office:- 7/216 (6) Swaroop Nagar (Infront of L.L.R. Hospital), Kanpur, Uttar Pradesh-208002  
CIN: L85100UP2018PLC110119; Mobile: 8808051576  
Website: <https://gianlifecare.org/>;  
Email: gpxreport@gmail.com

April 02, 2024

To,  
Corporate Relations Department,  
Bombay Stock Exchange Limited,  
2<sup>nd</sup> Floor, PJ Towers,  
Dalal Street,  
Mumbai – 400001.

Scrip Code: 542918

Dear Sir/Madam,

**Sub: Disclosure under Regulation 7(2) of the Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 as amended ("SEBI Insider Trading Regulations") – Continual Disclosure**

Pursuant to Regulation 7(2) of the Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, please find attached herewith disclosure dated April 01, 2024, in Form 'C' as received from Shri Arun Kumar Gupta, Promoter of the Company.

Kindly take the same on record.

Yours faithfully,

For GIAN LIFE CARE LIMITED

(Vanshul Ashish)

Company Secretary & Compliance Officer

Encl:- As above



**FORM C**

**Securities and Exchange Board of India (Prohibition of Insider Trading) regulations, 2015  
[Regulation 7(2) read with Regulation 6 (2)]**

Name of the Company:- **GIAN LIFE CARE LIMITED**  
 (SIN of the Company:- **INE053B01012**)

Details of change in holding of securities of Promoter, Member of the Promoter Group, Designated Persons or Director of a listed Company and immediate relatives of such persons and other such persons as mentioned in regulation 6(2)

Name, PAN, CIN/ DIN & Address of Promoter/ Employee Director with contact nos	Category of person (promoters/ member of promoter group/ Designated Persons/ Directors/ Immediate Relatives/ Others Etc.	Securities held prior to disposal		Securities Disposed		Securities held post disposal		Date of sale of shares specify From To	Date of Information to the Company	Mode of acquisition/ disposal (on market/ public rights/ preferential offer/ off market/ inter-se transfer, ESOPs etc.)	Exchange on which was executed			
		Type of security (for e.g. Shares, Warrants, Convertible Debentures, Right Entitlements etc.	No. and % of shareholding of Rs. 10/-	Type of security (for e.g. Shares, Warrants, Convertible Debentures, Right Entitlements etc.	No. and % of shareholding of Rs. 10/-	Value	Transaction Type (Purchase of Equity Shares by Promoter)					Type of security (for e.g. Shares, Warrants, Convertible Debentures, Right Entitlements etc.	No. and % of shareholding of Rs. 10/-	
Arun Gupta, PAN- AFRPG1455P Address:- 7/218 (5), Swaroop Nagar, Kanpur - 208002, Uttar Pradesh. Designation:- Managing Director DIN:- 01331593 Contact No. +91 9795681111	Promoter	Equity Shares	44,09,663 Equity Shares of Rs. 10/- each aggregating to 42.64 % of the issued and paid-up Equity Share Capital of the Company	Equity Shares	4,80,000 Equity Shares aggregating to 4.64 % of the issued and paid-up share capital of the Company	INR 1,28,63,400/-	Purchase of Equity Shares by Promoter	Equity Shares	48,39,663 Equity Shares of Rs. 10/- each aggregating to 47.28 % of the issued and paid-up Equity Share Capital of the Company	March 26, 2024	March 28, 2024	April 01, 2024	On Market	BSE



(Arun Kumar Gupta)

*Arun Kumar Gupta*



Details of trading in derivatives on the securities of Promoter, Member of the Promoter Group, Designated Persons or Director of a listed Company and immediate relatives of such persons and other such persons as mentioned in regulation 6(2)

Type of Contract	Contract Specifications	Trading in derivatives (Specify type of Contract, Futures or Options etc.)				Exchange on which the trade was executed
		Buy		Sell		
		Notional value	Number of Units (contracts lot size)	Notional value	Number of Units (contracts lot size)	
Not Applicable	-	-	-	-	-	-



(Arun Kumar Gupta)

*Arun Kumar Gupta*