

# ANNUAL REPORT

OF

POWERHOUSE GYM & WELLNESS
LIMITED

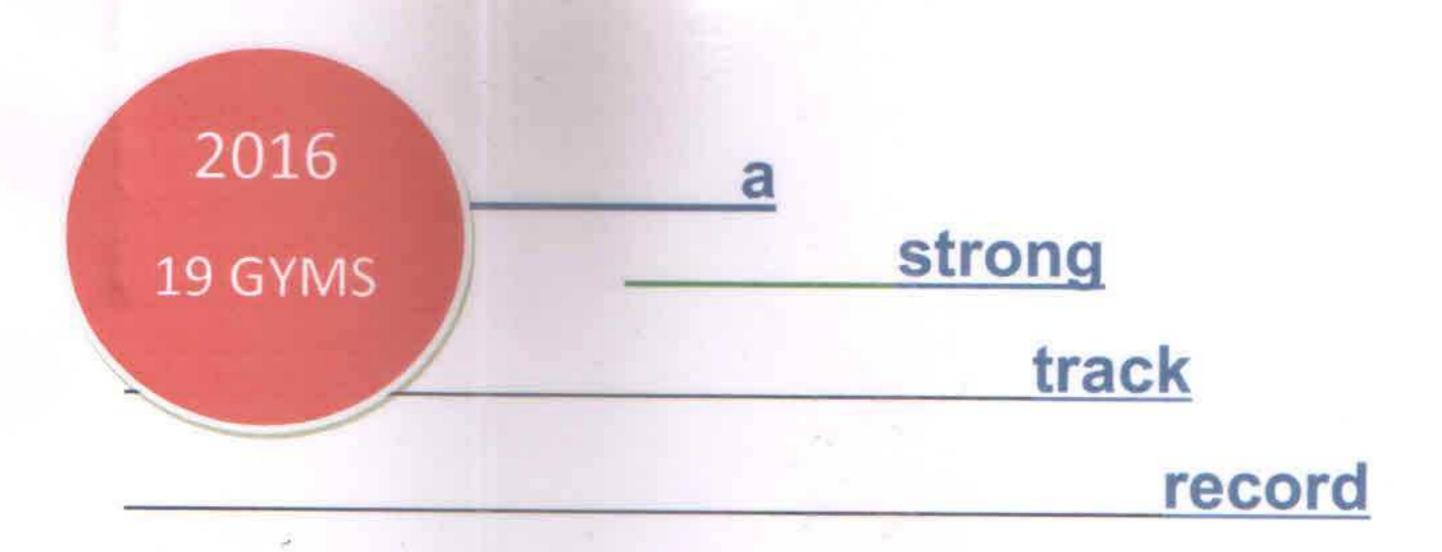
2015-2016

"We are driven by the vision to implement growth initiatives with speed and surety leading to growth in revenues and in the profits."



# Cautionary statement

In this Annual Report we have disclosed forward-looking information to enable investors to comprehend our prospects and take informed investment decisions. This report and other statements - written and oral - that we periodically make contain forward-looking statements that set out anticipated results based on the management's plans and assumptions. We have tried wherever possible to identify such statements by using words such as 'anticipates', 'estimates', 'expects', 'projects', 'intends', 'plans', 'believes', and words of similar substance in connection with any discussion of future performance. We cannot guarantee that these forward looking statements will be realized, although we believe we have been prudent in assumptions. The achievement of results is subject to risks, uncertainties and even inaccurate assumptions. Should known or unknown risks or uncertainties materialize, or should underlying assumptions prove inaccurate, actual results could vary materially from those anticipated, estimated or projected. Readers should bear this in mind. We undertake no obligation to publicly update any forward-looking statements, whether as a result of new information, future events or otherwise.



2015 15 GYMS

> 2014 8 GYMS

2013 5.GYMS

# Our Strategy

Powerhouse Gym's strategy is to continue our strong track record of opening and operating high quality, low cost gyms and deliver profitable growth and strong returns on capital. The key elements of the strategy

# An attractive membership proposition

- Flexible membership options
  - 24/7 access
  - No fixed term contract
  - Transparent, low pricing
- High quality gym experience
  - Wide range of high specification equipment
  - Well lit; safe, clean and well maintained facilities
  - Professional, helpful staff
- Easy online joining and member management process

# Driven by technology

- Online services enhance the member experience
- Automated access control and 24 hour CCTV enhances safety and reduces staff costs
- Comprehensive data drives better commercial decisions
- Electronic monitoring of gym equipment usage means fit-outs are tailored to member requirements

# CORPORATE INFORMATION

NOTICE

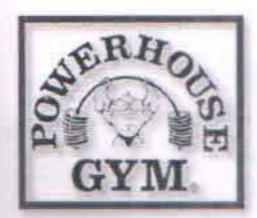
DIRECTORS REPORT

MANAGEMENT DISSCUSSION AND ANALYSIS

REPORT ON CORPORATE GOVERNANCE

FINANCIAL OVERVIEW

FEEDBACK



(Formerly Known as Powerhouse Fitness & Realty Limited)

101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayanSamaj,Santacurz(West) MUMBAI

Mumbai City MH 400054 IN

CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

To,

The Members,

Your Directors have pleasure in presenting their 3<sup>RD</sup> Annual Report on the business and operations of the Company and the accounts for the Financial Year ended March 31, 2016.

### 1. Financial summary or highlights/Performance of the Company (Standalone)

The Board's Report shall be prepared based on the stand alone financial statements of the company.

2015-2016	2014-2015
14,60,839	16,93,189
14,60,839	16,93,189
42,73,644	8,26,492
(28,12,805)	8,66,697
8,66,697	8,29,371
	14,60,839 14,60,839 42,73,644 (28,12,805)

# .

# 2. Brief description of the Company's working during the year/State of Company's affair

The Company is involved in the gymming business in India, committing itself in making India Healthy and Fit.Its USP providing world class gymming experience, facilitated by the professional trainers. Your Company provides the diverse fitness services apart from the standard gymming and fitness solutions like Zumba Programme, Spa, Massage , Aerobics, Yoga , Physiotherapy and many more.



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### 3. Change in the nature of business, if any

There is no Change in the nature of Business.

The company got Listed on SME IPO Platform on 21st October, 2014.

### 4. Dividend

Due inadequate profit the Company has not declared dividend.

# 5. Share Capital

The Company allotted 24,00,000 equity shares of Rs.20 each at premium on 18th October, 2014.

No change in the Share Capital of the Company.

### 6. Directors and Key Managerial Personnel

Mr. Ankush Gupta (DIN: 02265108) and Mr. Akshat Gupta (DIN: 02265121) Directors retire by rotation at the forthcoming Annual General Meeting and being eligible, offer themselves for reappointment.

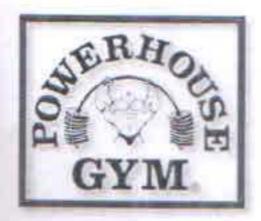
Mr. Ankush Gupta (DIN: 02265108) was appointed as Whole-time director of the Company for a period of three years w.e.f. June 18th, 2014 to 17th June, 2017 on a remuneration of ₹. 11,50,000/- (Rupees Eleven Lac Fifty Only).

Mr. Akshat Gupta (DIN: 02265121) was appointed as Managing Director of the Company for a period of three years w.e.f. June 18th,2014 to 17th June, 2017 on a monthly remuneration of ₹. 11,50,000/- (Rupeeş Eleven Lac Fifty Only).

Mr. VISHNU PRATAP DHANMAN DWIVEDI (DIN: 02090054), Mr. Priyank Shishir Nevatia (DIN: 06902330) and Ms. Shreya Suday Bagayatkar (DIN: 06902343) was appointed as Independent Director of the Company for a period of Five years w.e.f. June 18th, 2014 to 17th June, 2019

As per the provisions of the Companies Act, 2013, Independent Directors are required to be appointed for a term of five consecutive years, but shall be eligible for reappointment on passing of a special resolution by the Company and shall not be liable to retire by rotation. All other Directors, except the Managing Director, will retire at the ensuing Annual General Meeting and, being eligible, offer themselves for re-election. The Independent





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Directors of your Company have given the certificate of independence to your Company stating that they meet the criteria of independence as mentioned under Section 149 (6) of the Companies Act, 2013.

Mr. Ankush Gupta who was appointed as Compliance Officer of the Company.

Also, Mr. Ankush Gupta (DIN: 02265108) and Ms. Shrishti Deora has been appointed as Chief Executive Officer, Chief Financial Officer with effect from June 18th, 2014 and June 23rd, 2014 respectively.

# 7. Report On Corporate Governance

As per SEBI's Circular No.-CIR/CFD/Policy Cell/7/2014 dated 15th September 2014, the provisions of Clause 49 of the Listing Agreement are not mandatory, hence no such report is required for the Company.

# 8. Particulars of Employees

As required under the provision of Section 197 of the Companies Act, 2013, read with Rule 5 of the Companies (Appointment and Remuneration of Managerial Personnel) Rules 2014 in respect of employees of the Company is not given, as there were no employees drawing remuneration beyond the prescribed limit under the above referred provisions.

# 9. Board Evaluation

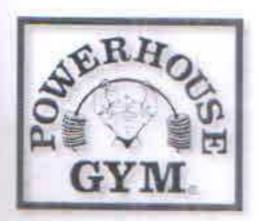
Pursuant to the provisions of the Companies Act, 2013 and Clause 49 of the Listing Agreement, the Board has carried out an annual performance evaluation of its own performance, the directors individually as well as the evaluation of the working of its Audit, Nomination & Remuneration and Compliance Committees. The manner in which the evaluation has been carried out has been explained in the Corporate Governance Report.

### 10. Remuneration Policy

The Board has, on the recommendation of the Nomination & Remuneration Committee framed a policy for selection and appointment of Directors, Senior Management and their remuneration. The Remuneration Policy is stated in the Corporate Governance Report.

# Managerial Remuneration:

- A) Details of the ratio of the remuneration of each director to the median employee's remuneration and other details as required pursuant to Rule 5(1) of the Companies (Appointment and Remuneration of Managerial Personnel) Rules, 2014. (AnnexureIII)
- B) Details of the every employee of the Company as required pursuant to 5(2) of the Companies (Appointment and Remuneration of Managerial Personnel) Rules, 2014.



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- C) Any director who is in receipt of any commission from the company and who is a Managing Director or Whole-time Director of the Company shall receive any remuneration or commission from any Holding Company or Subsidiary Company of such Company subject to its disclosure by the Company in the Board's Report.
- D) The following disclosures shall be mentioned in the Board of Director's report under the heading "Corporate Governance", if any, attached to the financial statement:—
- (i) All elements of remuneration package such as salary, benefits, bonuses, stock options, pension, etc., of all the directors;
- (ii) Details of fixed component and performance linked incentives along with the performance criteria;
- (iii) Service contracts, notice period, severance fees;
- (iv) Stock option details, if any, and whether the same has been issued at a discount as well as the period over which accrued and over which exercisable.

### 11. Auditors:

M/s. Jain Anil & Associates, Chartered Accountants (Firm Registration No. 115987W), the retiring Statutory Auditors of the Company be and are hereby appointed as Auditors of the Company, to hold office from the conclusion of this Annual General Meeting ("AGM"), until the conclusion of the fifth consecutive AGM of the Company to be held in the year 2020 (subject to ratification of their appointment by the Members at every AGM held after this AGM), at a remuneration to be determined by the Board of Directors of the Company, as Auditor and for other professional services rendered by them as may be mutually agreed between the Company and the Auditor along with reimbursement of travelling and other out of pocket expenses as may be incurred by them during the course of the Audit.

### AUDITORS' REPORT

The Auditors' Report does not contain any qualification. Notes to Accounts and Auditors remarks in their report are self-explanatory and do not call for any further comments

### 12. Secretarial Audit Report

In terms of Section 204 of the Act and Rules made there under M/s Rohit Singhi & Co., Practicing Company Secretary have been appointed Secretarial Auditors of the Company. The report of the Secretarial Auditors is enclosed as Form No. MR-3 to this report. The report is self-explanatory and do not call for any further comments.





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# 13. Internal Audit & Controls

The Company continues to engage M/s Sudhir Kedia & Co. As its Internal Auditor. During the year, the Company continued to implement their suggestions and recommendations to improve the control environment. Their scope of work includes review of processes for safeguarding the assets of the Company, review of operational efficiency, effectiveness of systems and processes, and assessing the internal control strengths in all areas. Internal Auditors findings are discussed with the process owners and suitable corrective actions taken as per the directions of Audit Committee on an ongoing basis to improve efficiency in operations.

# 14. Policy:

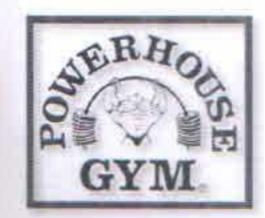
During the year the Company Formulated and Adopted Codes under Sebi (Prohibition Of Insider Trading) Regulations, 2016, Whistle Blower Policy/ Vigil Mechanism, Risk Management Policy and also formulated and adopted Code of Independent directors and Code of for Board and Senior Management.

### 1 Board of Directors:

Category	No. Of directors	
Non-Executive & Independent  Directors including the  Chairman	3	
Other Non-Executive Directors	1	
Executive Director (CEO & Managing Director)	1	
Total	5	







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The Chairman of the Board is an Executive Director.

As required under Section 149(3) of the Companies Act, 2013, & Clause 49(II) (A) (1)of Listing Agreement, Mrs. Shreya Suday Bagayatkar(DIN: 06902343), a Woman Director, has been appointed as an Independent Director on the Board.

Other Relevant details of Directors:

Name of Director	Date of Appointme nt	Category	No. Of Directorship(s) held in Indian public & private	Committee(s	) position
			Limited Companies	Member	Chairman
Mr. ANKUSH GUPTA (DIN:02265108)	08/02/2013	Whole-Time Director/ CEO	6	3	3
Mr. AKSHAT GUPTA (DIN: 02265121)	08/02/2013	Managing	4	1	2
MR. VISHNU PRATAP DHANMAN DWIVEDI (DIN: 02090054)	18/06/2014	Independent Director	1		
MR. PRIYANK SHISHIR NEVATIA(DIN: 06902330)	18/06/2014	Independent			24.5
MRS. SHREYA SUDAY BAGAYATKAR(DIN: 06902343)	18/06/2014	Independent			





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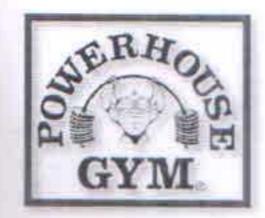
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# Board Meetings held during the year

Dates on which the Board Meetings were held	Total Strength of the Board	No. Of Directors Present
14 <sup>th</sup> May ,2015	5	5
24th August,2015	5	5
09th November,2015	5	5
14th November,2015	5	5
23rd January,2016	5	5
29th March,2016	5	5

Name of Director		Attendance a	t the Board Mee	tings			Attendance at the AGM held on 30 <sup>TH</sup> September 15'
	14/05/2015	24/08/2015	09/011/2015	14/11/2015	23/01/2016	29/03/2016	
Mr. ANKUSH GUPTA (DIN:02265108)	P	P	P	P	P	P	P
Mr. AKSHAT GUPTA(DIN: 02265121)	P	P	Р	P	P	P	P
MR. PRIYANK SHISHIR NEVATIA(DIN: 06902330)	P	P	P	P	P	P	P
MR. VISHNU PRATAP DHANMAN DWIVEDI (DIN: 02090054)	P	P	P	P	P	P	P
MRS. SHREYA SUDAY BAGAYATKAR(DIN:	P	P	P	P	P	P	P





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# COMMITTEES OF THE BOARD.

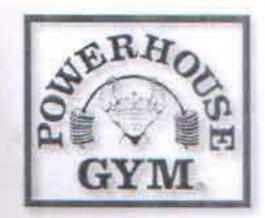
# (a) Audit Committee (mandatory committee)

The composition of the Audit Committee as at March 31, 2016 and details of the Members\_participation at the Meetings of the Committee are as under:

Name of Director	Category	Attendand	ce at the Bo	ard Meeting	gs held on		
Director		14/05/2015	14/11/2015	29/03/2016	:::	*	262
Mr. Priyank Nevatia	Non- executive and Independe nt	P	P	P	S=1	*	*
Ms. Shreya Bagayatkar	Non- executive and Independe nt	P	P	P		*	-
Mr. Ankush Gupta	Executive and Non- Independe nt	P	P	P	( <b>*</b>	*	*

The Committee is governed by a Charter which is in line with the regulatory requirements mandated by the Companies Act, 2013 and Clause 49 of the Listing Agreement. Some of the important functions performed by the Committee are:





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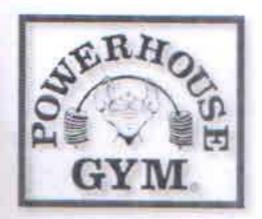
# (b) Remuneration Committee

The composition of the Remuneration Committee as at March 31, 2016 and details of the Members participation at the Meetings of the Committee are as under:

Name of Director	Category	Attendance	e at the Boa	rd Meeting	s held or	n	
		14/05/2015	14/11/2015	29/03/2016			
Mr. Priyank Nevatia	Non- executive and Independe nt	P	P	P	5=3		ā:
Ms.Shreya Bagayatkar	Non- executive and Independe nt	P	P	P			
Mr. Vishnu Pratap Dwivedi	Non- executive and Non- Independe nt	P	P	P	( <del>*</del> )	2	

# (d) Stakeholders' Relationship Committee (mandatory committee)

In compliance with the provisions of Section 178 of the Companies Act, 2013 and the Listing Agreement, the Board has renamed the existing "Shareholders'/Investors' Grievance Committee" as the "Stakeholders' Relationship Committee".



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The terms of reference of the Committee are:

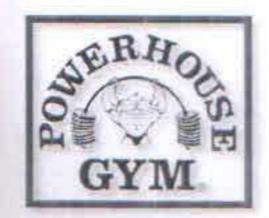
Name of Catego Director		Attendance at the Board Meetings held on						
Director		14/05/2015	14/11/2015	29/03/2016	=	-		
Mr. Priyank Nevatia	Non- executive and Independe nt	p	P	P				
Mr. Vishnu Pratap Dwivedi	Non- executive and Independe nt	P	P	P				
Mr. Akshat Gupta	Executive Director	р	P	Р				

During the year, no complaints were received from shareholders. The balance complaints were under various stages of investigation. As on March 31, 2016, no investor grievance has remained unattended/ pending for more than thirty days.

Independent Directors' Meeting

During the year under review, the Independent Directors met on March 31, 2016, inter alia, to discuss:

- Evaluation of the performance of Non-independent Directors and the Board of Directors as a whole.
- Evaluation of the performance of the chairman of the Company, taking into account the views of the Executive and Non-executive directors.
- Evaluation of the quality, content and timelines of flow of information between the Management and the Board that is necessary for the Board to effectively and reasonably perform its duties.



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# TERMS OF APPOINTMENT & REMUNERATION - CEO & MD

Mr. Akshat Gupta (DIN: 02265121)

Period of Appointment	3 years w.e.f. May 07, 2014 to May 06, 2017
Salary Grade	11,50,000/-
Allowances	*
Perquisites	.*:
Retrial Benefits	£
Performance Bonus	
Sign-on Amount	
Deferred Bonus	*
Minimum Remuneration	•
Notice Period & Severance Fees	
Other	



# 15. Extract of annual return:

As required pursuant to section 92(3) of the Companies Act, 2013 and rule 12(1) of the Companies (Management and Administration) Rules, 2014, an extract of annual return in MGT 9 as a part of this Annual Report as ANNEXURE I.



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# 16. General Body Meetings

Particulars of last three Annual general meetings:

AGM	Year ended 31st March,	Venue	Date	Time	Special Resolutions Passed
1st	2014	At the Registered Office	07/08/2014	11.00 a.m.	
2 <sup>nd</sup>	2015	At the Registered Office	30/09/2015	11.00 a.m.	

# 17. Extraordinary General Meeting (EGM)

One Extraordinary General Meeting held during the Financial Year 2015-2016

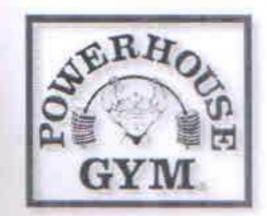
18. During the year under review, no resolution has been passed through the exercise of postal ballot.

E-Voting Facility to members

Exempt as the Company is SME Listed.

19. Material changes and commitments, if any, affecting the financial position of the company which have occurred between the end of the financial year of the company to which the financial statements relate and the date of the report

No Material changes occurred subsequent to the close of the financial year of the Company to which the balance sheet relates and the date of the report like settlement of tax liabilities, operation of patent rights, depression in market value of investments, institution of cases by or against the company, sale or purchase of capital assets or destruction of any assets etc.



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# 20. Details in respect of adequacy of internal financial controls with reference to the Financial Statements.

The internal financial controls with reference to the Financial Statements are commensurate

with the size and nature of business of the Company.

### 21. Deposits

The details relating to deposits, covered under Chapter V of the Act,-

- (a) accepted during the year- NIL
- (b) remained unpaid or unclaimed as at the end of the year-NIL
- (c) whether there has been any default in repayment of deposits or payment of interest thereon during the year and if so, number of such cases and the total amount involved-NIL

# 22. Particulars of contracts or arrangements with related parties:

The particulars of every contract or arrangements entered into by the Company with related parties referred to in sub-section (1) of section 188 of the Companies Act, 2013 including certain arm's length transactions under third proviso thereto shall be disclosed in Form No. AOC-2. As **Annexure II** to the Board Report..

### 23. STATUTORY DISCLOSURES

In terms of the provisions of Section 217 (2A) of the Companies Act, 1956, read with the Companies (Particulars of Employees) Rules, 1975 as amended, the names and other particulars of the employees are set out in the annexure to the Directors' Report. However, as per the provisions of Section 219 (b) (iv) of the said Act read with Clause 32 of the Listing Agreement, the Annual Report excluding the aforesaid information is being sent to all the members of the Company and others entitled thereto. Any member interested in obtaining such particulars may write to the Company at the registered office of the Company.

# 24. Conservation of energy, technology absorption and foreign exchange earnings and outgo

The details of conservation of energy, technology absorption, foreign exchange earnings and outgo are as follows:

# a) Conservation of energy

(i)	the steps taken or impact on conservation of energy	NIL
(ii)	the steps taken by the company for utilizing alternate sources of energy	NIL
(iii)	the capital investment on energy conservation equipment's	NIL





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# (b) Technology absorption

(i)	the efforts made towards technology absorption	NIL
(ii)	the benefits derived like product improvement, cost reduction, product development or import substitution	NIL
(iii)	in case of imported technology (imported during the last three years reckoned from the beginning of the financial year)-	NIL
	(a) the details of technology imported	NIL
	(b) the year of import;	NIL
	(c) whether the technology been fully absorbed	NIL
	(d) if not fully absorbed, areas where absorption has not taken place, and the reasons thereof	NIL
(iv)	the expenditure incurred on Research and Development	NIL

### 25. Human Resources

Your Company treats its "human resources" as one of its most important assets.

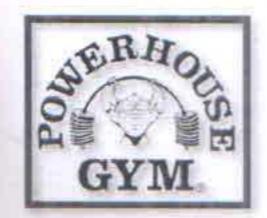
Your Company continuously invest in attraction, retention and development of talent on an ongoing basis. A number of programs that provide focused people attention are currently underway. Your Company thrust is on the promotion of talent internally through job rotation and job enlargement.

### 26. Directors' Responsibility Statement

The Directors' Responsibility Statement referred to in clause (c) of sub-section (3) of Section 134 of the Companies Act, 2013, shall state that—

- (a) in the preparation of the annual accounts, the applicable accounting standards had been followed along with proper explanation relating to material departures;
- (b) the directors had selected such accounting policies and applied them consistently and made judgments and estimates that are reasonable and prudent so as to give a true and fair view of the state of affairs of the company at the end of the financial year and of the profit and loss of the company for that period;
- (c) the directors had taken proper and sufficient care for the maintenance of adequate accounting records in accordance with the provisions of this Act for safeguarding the assets of the company and for preventing and detecting fraud and other irregularities;
- (d) the directors had prepared the annual accounts on a going concern basis; and





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- (e) the directors, had laid down internal financial controls to be followed by the company and that such internal financial controls are adequate and were operating effectively.
- (f) the directors had devised proper systems to ensure compliance with the provisions of all applicable laws and that such systems were adequate and operating effectively.

### 27. LISTING WITH STOCK EXCHANGES:

The Company got Listed on 21st October, 2014 on SME Platform of BSE. The Company confirms that it has paid the Annual Listing Fees for the year 2016-2017 to BSE where the Company's Shares are listed.

### 28. Acknowledgements

An acknowledgement to all with whose help, cooperation and hard work the Company is able to achieve the results.

For and on behalf of the Board of Directors of

Powerhouse Gym & Wellness Limited Anku & Dupter

Mr. Akshat Gupta

(DIN: 02265121)

Whole-Time Director

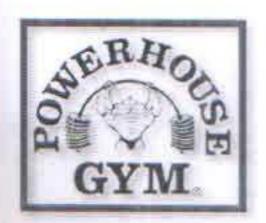
Registered Office:

101,Swati Building, North Avenue Kotak Mahindra Road, Behind Bank, Samaj, Santacurz NearArayan (West) MUMBAI Mumbai City MH 400054 IN

Mr. Ankush Gupta **Managing Director** (DIN: 02265108)

(PLACE): Mumbai

(DATE):September 05th,2016



(Formerly Known as Powerhouse Fitness & Realty Limited)

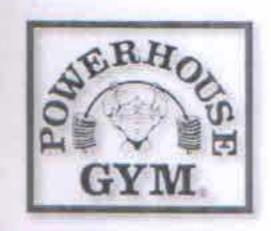
101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayanSamaj,Santacurz(West) MUMBAI

Mumbai City MH 400054 IN

CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

# ANNEXURE INDEX

Content	V
Annual Return Extracts in MGT 9	
AOC 2 - Related Party Transactions disclosure	
Particulars of Employee	
MR-3 Secretarial Audit Report	
	Annual Return Extracts in MGT 9  AOC 2 – Related Party Transactions disclosure  Particulars of Employee



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# Annexure I

# FORM NO. MGT 9

### EXTRACT OF ANNUAL RETURN

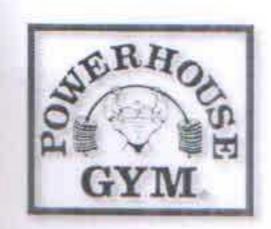
As on financial year ended on 31.03.2016

Pursuant to Section 92 (3) of the Companies Act, 2013 and rule 12(1) of the Company (Management & Administration) Rules, 2014.

### I. REGISTRATION & OTHER DETAILS:

1.	CIN	U85190MH2013PLC240311
2.	Registration Date	08/02/2013
3.	Name of the Company	Powerhouse Gym & Wellness Limited
4.	Category/Sub-category of the Company	Public Company
5.	Address of the Registered office & contact details	101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayan Samaj,Santacurz (West) MUMBAI Mumbai City MH 400054 IN
6.	Whether listed company	SME Listed
7.	Name, Address & contact details of the Registrar & Transfer Agent, if any.	Bigshare Services Pvt Ltd ,E-2, Ansa Industrial Estate, Sakhivihar Road, Sakinaka, Andheri (East) ,Mumbai,Maharashtra,400072





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II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY (All the business activities contributing 10 % or more of the total turnover of the company shall be stated)

S. No.	Name and Description of main products / services	NIC Code of the Product/service	% to total turnover of the company
1	Health and Fitness Services and Gymming Business	Group -932 Class-9329,Sub Class-93290	100%

VI. SHARE HOLDING PATTERN (Equity Share Capital Breakup as percentage of Total Equity)
Category-wise Share Holding

Category of Shareholders	No. of Shares	s held at the be 31-Marc	eginning of the h-2015]	year[As on	No. of Shar	No. of Shares held at the end of the year[As on 31- March-2016]			
	Demat	Physical	Total	% of Total Shares	Demat	Physical	Total	% of Total Shares	% Change during the year
A. Promoters									
(1) Indian									
a) Individual/ HUF	0	4500000	4500000	100.00	4500000	0	4500000	65.22	34.78
b) Central Govt	0	0	0	0	0	0	0	0	0
c) State Govt(s)	0	0	0	0	0	0	0	0	0
d) Bodies Corp.	0	0	0	0	0	0	0	0	0
e) Banks / Fl	0	0	0	0	0	0	0	0	0
f) Any other	0	0	• 0	0	0	0	0	0	0
Total shareholding of Promoter									





B. Public Shareholding									
1. Institutions	0	0	0	0	0	0	0	0	0
a) Mutual Funds	0	0	- 0	0	0	0	0	0	0
b) Banks / FI	0	0	0	0	0	0	0	0	0
c) Central Govt	0	0	0	0	0	0	0	0	0
d) State Govt(s)	0	0	0	0	0	0	0	0	Ö
e) Venture									
Capital Funds	0	0	0	0	0	0	0	0	0
f) Insurance									
Companies	0	0	0	0	0	0	0	0	0
g) FIIs	. 0	0	0	0	0	0	0	0	0
h) Foreign									
Venture Capital									
Funds	0	0	0	0	0	0	0	0	0
i) Others (specify)	0	0	0	0	0	0	0	0	0
Sub-total (B)(1):-	0	0	0	0	0	0	0	0	0
2. Non- Institutions						-			
a) Bodies Corp.	0	0	0	0	392000	0	392000	5.68	5.68
i) Indian	0	0	0	0	0	0	0	0	0
ii) Overseas	0	0	0	0	0	0	0	0	0
b) Individuals	0	0	0	0	0	0	0	0	0
i) Individual shareholders holding nominal share capital up to Rs. 1 lakh	0	0	O	0	528000	0	528000	7.65	7.65
ii) Individual shareholders holding nominal share capital in excess of Rs 1 lakh	0	0	0	0	1480000	0	1480000	21.45	21.45
c) Others (specify)	¥								
Non Resident Indians	0	0	. 0	0	0	0	0	0	0
Overseas Corporate Bodies	0	0	0	0	0	0	0	0	0
Foreign Nationals	0	0	0	0	0	0	0	0	0
Clearing	0	0	0	0	0	0	0	0	O SELLNESS

Members		724							
Trusts	0	0	0	0	0	0	0	0	0
Hindu Undivided Family	0	0	0	0	0	0	0	0	0
Foreign Bodies - D R					0	0	0	0	
Sub-total (B)(2):-	0	0	0	0	2400000	0	2400000	34.78	34.78
Total Public Shareholding (B)=(B)(1)+ (B)(2)	0	9	0	0	2400000	0	2400000	34.78	34.78
C. Shares held by Custodian for GDRs & ADRs	0	0	0	0.0	0	Ö	o	00	0
Grand Total (A+B+C)	0	4500000	4500000	100.00	6900000	0	6900000	100.00	0

# B) Shareholding of Promoter-

nkush shok upta kshat shok	No. of Shares	% of total Shares of the company	%of Shares Pledged / encumbered to total shares	No. of Shares	% of total - Shares of the company	%of Shares Pledged / encumbered to total shares	shareh olding during the year
shok upta kshat	12,49,000	18 10					
		10.10	0.	12,49,000	18.10	0	0
upta	12,49,000	18.10	0	12,49,000	18.10	0	0
ishma shok upta	8,00,000	11.59	0	8,00,000	11.59	0	.0
shok umar upta	4,00,000	5.80	0	4,00,000	5.80	0	0
shok upta	4,00,000	5.80	0	4,00,000	5.80	0	0
nrishti uresh eora	2,01,000	2.91	0	2,01,000	2.91	0	0
eha K andhi	2,01,000	2.91	0	2,01,000	2.91	0	0
ur ur ec	ishti esh ora	ishti esh ora 2,01,000	ota 4,00,000 5.80 ishti esh ora 2,01,000 2.91	ota 4,00,000 5.80 0 ishti esh ora 2,01,000 2.91 0	ota 4,00,000 5.80 0 4,00,000 ishti esh ora 2,01,000 2.91 0 2,01,000	ota 4,00,000 5.80 0 4,00,000 5.80 ishti esh ora 2,01,000 2.91 0 2,01,000 2.91	ota 4,00,000 5.80 0 4,00,000 5.80 0 ishti esh ora 2,01,000 2.91 0 2,01,000 2.91 0



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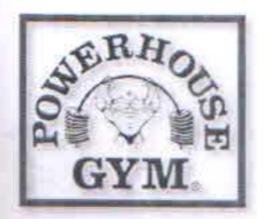
# C) Change in Promoters' Shareholding (please specify, if there is no change)

SN	Particulars	Shareholdi beginning		Cumulative Shareholding during the year		
		No. of shares	% of total shares of the company	No. of shares	% of total shares of the company	
	At the beginning of the year	4500000	65.22	4500000	65.22	
	Date wise Increase / Decrease in Promoters Shareholding during the year specifying the reasons for increase / decrease (e.g. allotment /transfer / bonus/ sweat equity etc.):	0	0.00	0	0.00	
	At the end of the year	4500000	65.22	4500000	65.22	

# D) Shareholding Pattern of top 100 Shareholders:

# (Other than Directors, Promoters and Holders of GDRs and ADRs):

SN	For Each of the Top 100 Shareholders	Shareholdi beginning of the year		Cumulative Shareholding during the		
		No. of shares	% of total shares of the company	No. of shares	% of total shares of the company	
	At the beginning of the year	1728000	25.0435	1728000	25.0435	
	Date wise Increase / Decrease in Other than Directors, Promoters and Holders of GDRs and ADRs Shareholding during the year.	4000	0.058	4000	0.058	



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# E) Shareholding of Directors and Key Managerial Personnel:

SN	Shareholding of each Directors and each Key Managerial Personnel	Shareholdi beginning of the year	ng at the	Cumulative Shareholdi the year	
		No. of shares	% of total shares of the company	No. of shares	% of total shares of the company
	At the beginning of the year	2699000	39.12	2699000	39.12
	Date wise Increase / Decrease in Promoters Shareholding during the year specifying the reasons for increase /decrease (e.g. allotment / transfer / bonus/ sweat equity etc.):		-	**	
	At the end of the year	2699000	39.12	2699000	39.12

# F) INDEBTEDNESS -Indebtedness of the Company including interest outstanding/accrued but not due for payment.

	Secured Loans excluding deposits	Unsecured Loans	Deposits	Total Indebtedness
Indebtedness at the beginning of the financial year				
i) Principal Amount	68,59,114	10,00,000		
ii) Interest due but not paid				
iii) Interest accrued but not due	181	*		
Total (i+ii+iii)	68,59,114	10,00,000		78, 59,114
Change in Indebtedness during the financial year	•			

23	*	
68,59,114	10,00,000	
31		
68,59,114	10,00,000	78, 59,114
	68,59,114	68,59,114 10,00,000

# XI. REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL-

A. Remuneration to Managing Director, Whole-time Directors and/or Manager:

SN.	Particulars of Remuneration	Name of Managing Di Time Dir	Total Amount	
		Mr. Ankush Gupta Whole –Time Director	Mr. Akshat Gupta  Managing director	
1	Gross salary			
	(a) Salary as per provisions contained in section 17(1) of the Income-tax Act, 1961	11,50,000/-	11,50,000/-	23,00,000/-
	(b) Value of perquisites u/s 17(2) Income-tax Act, 1961	*		NIL
	(c) Profits in lieu of salary under section 17(3) Income- tax Act, 1961			NIL
2	Stock Option	-	· .	NIL
3	Sweat Equity	-	;•:	NIL
4	Commission - as % of profit - others, specify		3:5	NIL
5	Others, please specify	*	(#)	NIL
	Total (A)		120	23,00,000/-
	Ceiling as per the Act			

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### B. Remuneration to other directors

SN.	Particulars of Remuneration	Name of Directors			Total Amount
1	Independent Directors(Non- Executive Directors)	VISHNU PRATAP DHANMAN DWIVEDI	PRIYANK SHISHIR NEVATIA	SHREYA SUDAY BAGAYATKAR	
	Fee for attending board committee meetings	10,000	10,000	10,000	30,000
	Commission	0	0	0	0
	Others, please specify	0	0	0	0
	Total	10,000	10,000	10,000	30,000

# C. REMUNERATION TO KEY MANAGERIAL PERSONNEL OTHER THAN

# MD/MANAGER/WTD

SN	Particulars of Remuneration	Key Managerial Personnel				
		CEO	CS	CFO	Total	
1	Gross salary					
	(a) Salary as per provisions contained in section 17(1) of the Income-tax Act, 1961	Mr. Ankush Gupta designated as CEO in addition Whole-Time Director of the Company		Ms. Shrishti		
	(b) Value of perquisites u/s 17(2) Income-tax Act, 1961			Deora designated as CFO of the Company		
	(c) Profits in lieu of salary under section 17(3) Income-tax Act, 1961					
2	Stock Option		-			
3	Sweat Equity		-			
4	Commission					
	- as % of profit					
	others, specify					
5	Others, please specify	7				

# XII. PENALTIES / PUNISHMENT/ COMPOUNDING OF OFFENCES:

Туре	Section of the Companies Act	Brief Description	Details of Penalty / Punishment/ Compounding fees imposed	Authority [RD / NCLT/ COURT]	Appeal made, if any (give Details)
A. COMPANY					
Penalty	N. A.	N. A.	N. A.	N. A.	N. A.
Punishment	N. A.	N. A.	N. A.	N. A.	N. A.
Compounding	N. A.	N. A.	N. A.	N. A.	N. A.
B. DIRECTORS					
Penalty	N. A.	N. A.	N. A.	N. A.	N. A.
Punishment	N. A.	N. A.	N. A.	N. A.	N. A.
Compounding	N. A.	N. A.	N. A.	N. A.	N. A.
C. OTHER OFFIC	ERS IN DEFAULT				
Penalty	N. A.	N. A.	N. A.	N. A.	N. A.
Punishment	N. A.	N. A.	N. A.	N. A.	N. A.
Compounding	N. A.	N. A.	N. A.	N. A.	N. A.

For and on behalf of the Board of Directors of

Powerhouse Gym & Wellness Limited

Mr. Akshat Gupta

Managing Director (DIN: 02265121) Mr. Ankush Gupta Whole-Time Director

(DIN: 02265108)



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CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

### Annexure - II

### FORM NO. AOC -2

Form for Disclosure of particulars of contracts/arrangements entered into by the company with related parties referred to in sub section (1) of section 188 of the Companies Act, 2013 including certain arms length transaction under third proviso thereto.

1. Details of contracts or arrangements or transactions not at Arm's length basis: Disclosures AS-18

SL. No.	Particulars	Details
a)	Name (s) of the related party & nature of relationship	
b)	Nature of contracts/arrangements/transaction	
c)	Duration of the contracts/arrangements/transaction	
d)	Salient terms of the contracts or arrangements or transaction including the value, if any	
e)	Justification for entering into such contracts or arrangements or transactions'	
f)	Date of approval by the Board	
g)	Amount paid as advances, if any	
h)	Date on which the special resolution was passed in General meeting as required under first proviso to section 188	

2. Details of contracts or arrangements or transactions at Arm's length basis: NIL

SL. No.	Particulars	Details
a)	Name (s) of the related party & nature of relationship	



	contracts/arrangements/transaction	
d)	Salient terms of the contracts or arrangements or transaction including the value, if any	
e)	Date of approval by the Board	
f)	Amount paid as advances, if any	

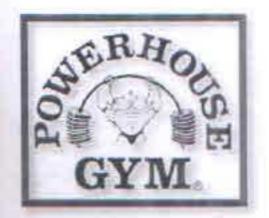
For and on behalf of the Board of Directors of

Powerhouse Gym & Wellness Limited

Mr. Akshat Gupta Managing Director (DIN: 02265121)

Mr. Ankush Gupta Whole-Time Director (DIN: 02265108)

Shikushi upter



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### Annexure - III

### MANAGERIAL REMUNERATION

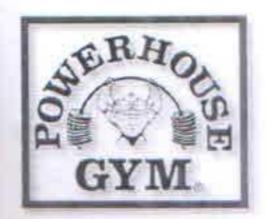
A) Details of the ratio of the remuneration of each director to the median employee's remuneration and other details as required pursuant to Rule 5(1) of the Companies (Appointment and Remuneration of Managerial Personnel) Rules, 2014:

S,	Name of	Remuneration	% increase	Ratio of	Comparison of the
No.	Director/KMP	of Director/	in	remuneration	Remuneration of
	and Designation	KMP for	Remuneration	of each	the KMP against
		financial year	in the	Director/to	the performance
		2015-16	financial	median -	of the Company
		(in Rs.)	year 2015-16	remuneration	
				of employees	
1	Mr Ankush Gupta	11,50,000/-	0.00%	4.5	
	(Whole-Time Director &		×		
	CEO)				
	-				
					Not Applicable
2	Mr. Akshat Gupta	11,50,000	0.00%	4.5	Not
	(Managina Dinastan				Annlicable

### Notes:

- > All appointments are / were non-contractual
- Remuneration as shown above comprises of Salary, Leave Salary, Bonus, Gratuity where paid, Leave Travel Assistance, Medical Benefit, House Rent Allowance, Perquisites and Company's Contribution to Provident Fund and Superannuation Fund. Remuneration on Cash basis
- ➤ None of the above employees is related to any Director of the Company employed for part of the financial year.





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### MANAGEMENT DISCUSSION AND ANALYSIS REPORT

### ❖ FORWARD-LOOKING STATEMENTS

This report contains forward-looking statements based on certain assumptions and expectations of future events. The Company, therefore, cannot guarantee that these assumptions and expectations are accurate or will be realised. The Company's actual results, performance or achievements can thus differ materially from those projected in any such forward-looking statements. The Company assumes no responsibility to publicly amend, modify or revise any forward looking statements, on the basis of any subsequent developments, information or events.

### ❖ INDUSTRY STRUCTURE AND DEVELOPMENTS

The Company is involved in the gymming business in India, committing itself in making India Healthy and Fit.Its USP providing world class gymming experience, facilitated by the professional trainers. Your Company provides the diverse fitness services apart from the standard gymming and fitness solutions like Zumba Programme, Spa, Massage ,Aerobics, Yoga, Physiotherapy and many more.

### MARKETING

The Company is setting up a good marketing team to enter to increased turnover.

### ❖ SWOT

Our strength is our determination and team work, weakness is the low equity base, opportunities are multiples and threats are the vibrations in the economy and government policies.

# ❖ INTERNAL CONTROL

The Company has adequate internal control system, commensurate with the size of its operations. Adequate records and documents are maintained as required by laws. The Company's audit Committee reviewed the internal control system. All efforts are being made to make the internal control systems more effective.

### ❖ SEGMENT WISE REPORTING

During the year under review, Company has achieved all sales through Cargo Handling only.





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- \* OUTLOOK
- \* MATERIAL DEVELOPMENTS IN HUMAN RESOURCES/INDUSTRIAL RELATIONS FRONT, INCLUDING NUMBER OF PEOPLE EMPLOYED
- DISCUSSION ON FINANCIAL PERFORMANCE WITH RESPECT TO OPERATIONAL PERFORMANCE.

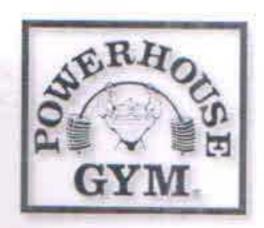
#### \* RISKS AND CONCERNS

In any business, risks and prospects are inseparable. As a responsible management, the Company's principal endeavour is to maximize returns. The Company continues to take all steps necessary to minimise its expenses through detailed studies and interaction with experts.

#### CAUTIONARY STATEMENT

Statement in this Management's Discussion and Analysis detailing the Company's objectives, projections, estimates, expectations or predictions are "forward-looking statements" within the meaning of applicable securities laws and regulations. Actual results could differ materially from those expressed or implied. Important factors that could make a difference to the Company's operations include global and Indian demand-supply conditions, finished goods prices, feedstock availability and prices, cyclical demand and pricing in the Company's principal markets, changes in Government regulations, tax regimes, economic developments within India and the countries within which the Company conducts business and other factors such as litigation and labour negotiations.





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### CERTIFICATION BY CEO/CFO UNDER CLAUSE 49 V OF THE LISTING AGREEMENT

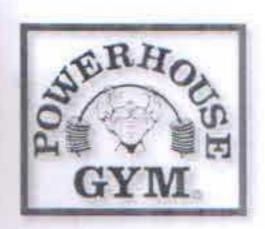
The Board of Directors,

Powerhouse Gym & Wellness Limited 101,Swati Building,North Avenue Road, Behind Kotak Mahindra Bank, NearArayan Samaj,Santacurz (West) MUMBAI MH 400054 IN

We have reviewed the financial statements and the cash flow statement of Powerhouse Gym & Wellness Limited for the year ended March 31, 2016 and to the best of our knowledge and belief:

- (i) these statements do not contain any materially untrue statement or omit any material fact or contain statements that might be misleading;
  - (ii) these statements together present a true and fair view of the Company's affairs and are in compliance with existing Accounting Standards, applicable laws and regulations.
- (b) There are, to the best of our knowledge and belief, no transactions entered into by the Company during the year which are fraudulent, illegal or violative of the Company's Code of Conduct.
- (c) We accept responsibility for establishing and maintaining internal controls for financial reporting and that we have evaluated the effectiveness of the internal control systems of the Company pertaining to financial reporting and have disclosed to the Auditors and the Audit Committee, deficiencies in the design or operation of such internal controls, if any, of which we are aware and the steps we have taken or propose to take for rectifying these deficiencies.





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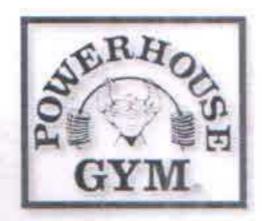
- (d) We have indicated to the Auditors and the Audit Committee:
  - (i) significant changes in internal control over financial reporting during the year;
  - (ii) significant changes in accounting policies made during the year and the same have been disclosed in the notes to the financial statements; and
  - (iii) instances of significant fraud of which we have become aware and the involvement therein, if any, of the management or an employee having a significant role in the Company's internal control system over financial reporting.

Mr. Ankush Gupta Chief Executive Officer

Ankusu Dupk

Date: September 05th,2016

Place:Mumbai



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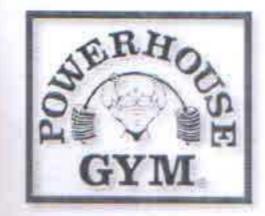
#### NOTES

 A member entitled to attend and vote is entitled to appoint a proxy to attend and vote instead of himself and the proxy need not be a member. Proxies in order to be effective must be received by the company not later than forty eight (48) hours before the meeting. Proxies submitted on behalf of limited companies, societies, etc., must be supported by appropriate resolutions/authority, as applicable.

A person can act as proxy on behalf of Members not exceeding fifty (50) and holding in the aggregate not more than 10% of the total share capital of the Company. In case a proxy is proposed to be appointed by a Member holding more than 10% of the total share capital of the Company carrying voting rights, then such proxy shall not act as a proxy for any other person or shareholder.

- 2. A person can act as a proxy on behalf of Members not exceeding fifty in number and holding in the aggregate not more than ten percent of the total share capital of the Company carrying voting rights. A Member holding more than ten percent of the total share capital of the Company carrying voting rights may appoint a single person as a proxy and such person shall not act as proxy for any other person or shareholder.
- Members are requested to bring their attendance slips duly completed and signed mentioning therein details of their DP ID and Client ID/ Folio No.
- In case of joint holders attending the Meeting, only such joint holder who is higher in the order of names will be entitled to vote at the Meeting.
- 5. Relevant documents referred to in the accompanying Notice and in the Explanatory Statements are open for inspection by the Members at the Company's Registered Office on all working days of the Company, during business hours up to the date of the Meeting.
- 6. Corporate Members intending to send their authorized representatives to attend the Meeting pursuant to Section 113 of the Companies Act, 2013 are requested to send to the Company, a certified copy of the relevant Board Resolution together with their respective specimen signatures authorizing their representative(s) to attend and vote on their behalf at the Meeting.
- Members seeking any information with regard to the Accounts are requested to write to the Company at an early date, so as to enable the Management to keep the information ready at the meeting.

The members are requested to get their shares dematerialized. The company's ISIN Code INE982Q01017 pursuant to change in face value.



(Formerly Known as Powerhouse Fitness & Realty Limited)

101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayanSamaj,Santacurz(West) MUMBAI

Mumbai City MH 400054 IN

CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

#### ANNEXURE TO ITEMS 2 AND 3 OF THE NOTICE

Details of Directors seeking re-appointment at the forthcoming Annual General Meeting (in pursuance of Clause 49 of the Listing Agreement)

Name of the Director	Mr. Akshat Gupta	Mr. Ankush Gupta
Director Identification Number (DIN)	02265121	02265108
Date of Birth	24/09/1987	05/08/1984
Nationality	Indian	Indian
Date of Appointment on Board	08/02/2013	08/02/2013
Qualification	BSC - Management & Marketing from University of Manchester	Master of Information Systems Management from Carnegie Mellon University, Pittsburgh
Shareholding	18.10%	18.10%
List of Directorships held in other Companies (excluding foreign, private and Section 8 Companies)	4	6
Memberships / Chairmanships of Audit and Stakeholders' Relationship Committees across Public Companies	2	2





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101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayanSamaj,Santacurz(West) MUMBAI

Mumbai City MH 400054 IN

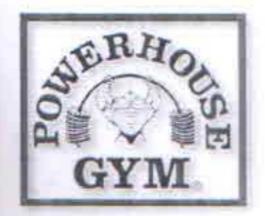
CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

#### Form No. MGT-11

#### Proxy form

[Pursuant to section 105(6) of the Companies Act, 2013 and rule 19(3) of the Companies (Management and Administration) Rules, 2014]

E-mail Id	Folio No /Client ID	DP ID
I/We, being the member(s) of	shares of the above named compan	y. Hereby appoint
Name :	E-mail Id:	
Address:		
Signature , or failing him		
Name :	E-mail Id:	
Address:		
Signature , or failing him		
Name:	E-mail Id:	
Address:		
· ·		



(Formerly Known as Powerhouse Fitness & Realty Limited)

101,Swati Building,North Avenue Road,Behind Kotak Mahindra Bank, NearArayanSamaj,Santacurz(West) MUMBAI

Mumbai City MH 400054 IN

CIN: L85190MH2013PLC240311,EMAIL ID: akshat.gupta1987@googlemail.com

#### Resolution No.

Sl. No.		Vote	
.,,,,		For	Against
1.	Adoption of statement of Profit & Loss, Balance Sheet, report of Director's and Auditor's for the financial year 31st March, 2016		
2.	Re-appointment of M/s. Jain Anil & Associates, Chartered Accountants as Statutory Auditors & fixing their remuneration		
3.	Re-appointment of Mr. Mr. Akshat Gupta (DIN: 02265121)as Managing Director and Mr. Ankush Gupta(DIN:02265108) as Whole Time Director for a period of three years		

<sup>\*</sup> Applicable for investors holding shares in Electronic form.

	Affix Revenue
	Stamps
Signed thisday of20	

A. T.

Signature of Shareholder

Signature of Proxy holder

Signature of the shareholder

across Revenue Stamp

#### Note:

- 1) This form of proxy in order to be effective should be duly completed and deposited at the Registered Office of the Company not less than 48 hours before the commencement of the Meeting.
- 2) The proxy need not be a member of the company

#### LETTER HEAD

#### ATTENDANCE SLIP

(To be handed over at the entrance of the meeting hall)

#### Annual General Meeting on 30/09/2016

voting at the meeting.

Full name of the members attending
(In block capitals)
Ledger Folio No./Client ID No No. of shares held:
Name of Proxy
(To be filled in, if the proxy attends instead of the member)
I hereby record my presence at the Annual General Meeting of the Powerhouse Gym & Wellness Limited., Address,
on Wednesday, the 30th Sep'16
(Member's /Proxy's Signature)
Note:
1) Members are requested to bring their copies of the Annual Report to the meeting, since further copies will not be available.
2) The Proxy, to be effective should be deposited at the Registered Office of the Company not less than FORTY EIGHT HOURS before the commencement of the meeting.
3) A Proxy need not be a member of the Company.
4) In the case of joint holders, the vote of the senior who tenders a vote, whether in person or by Proxy, shall be accepted to the exclusion of the vote of the other joint holders. Seniority shall be determined by the order in which the names stand in the Register of Members.

5) The submission by a member of this form of proxy will not preclude such member from attending in person and

#### Form No MR-3

#### SECRETARIAL AUDIT REPORT FOR THE FINANCIAL YEAR ENDED 31.03.2016

[Pursuant to Section 204(1) of the Companies Act, 2013 and Ruse No. 09 of the Companies (Appointment and Remuneration Personnel) Rules, 2014]

To,
The Members,
POWERHOUSE GYM & WELLNESS LIMITED
101,SWATI BUILDING,
NORTH AVENUE ROAD,
SANTACURZ(WEST),
MUMBAI- 400054.

We have conducted the Secretarial Audit of the compliance of applicable statutory provisions and the adherence to good corporate practices by POWERHOUSE GYM & WELLNESS LIMITED (hereinafter called the Company). Secretarial Audit was conducted in a manner that provided us reasonable basis for evaluating the corporate conducts/statutory compliances and expressing our opinion thereon.

Based on our verification of the Company's books, papers, minutes books, forms and returns filed and other records maintained by the company and also the information provided by the Company, its officers, agents and authorised representatives during the conduct of secretarial audit, we hereby report that in our opinion, the Company has during the audit period covering the financial year ended on March 31, 2016 complied with the Statutory provisions listed hereunder and also that the Company has proper Board-processes and compliance-mechanism in place to the extent, in the manner and subject to the reporting made hereinafter

We have examined the books, papers, minute books, forms and returns filed and other records maintained by the Company for the financial year ended on March 31<sup>st</sup> 2016 according to the provisions of:

- 1. The notified Sections of the Companies Act 2013 and Rules made there under.
- 2. The Securities contracts( Regulation) Act, 1956 (SCRA) and the rules made there under;
- 3. The Depositories Act, 1996 and the Regulations and Bye-law framed hereunder;
- 4. Foreign Exchange Management Act, 1999 and the rules and regulations made there under to the extent of Foreign Direct Investment and Overseas Direct Investment (Not applicable to the company during the Audit period).

For Rohit Singhi & Co.

Con No. 16021

Rohit Singhi

- The following Regulations and Guidelines prescribed under the Securities and Exchange Board of India 1992 ('SEBI Act');
- (a) The Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011.
- (b) The Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations. 1992:
- (c) The Securities and Exchange Board of India (Issue of Capital and Disclosure Requirements)
  Regulations, 2009; (Not applicable to the company during the Audit period):
- (d) The Securities and Exchange Board of India (Employee Stock Option Scheme and Employee Stock Purchase Scheme) Guidelines 1959 (Not applicable to the company during the Audit Period):
- (e) The Securities and Exchange Board of India (Issue and Listing of Debt Securities)Regulations, 2008 (Not applicable to the company during the Audit period);
- (f) The Securities and Exchange Board of India (Registration to an Issue and Share Transfers Agents )
  Regulations, 1993;
- (g) The Securities and Exchange Board of India (Desisting of Equity Shares) Regulations, 2009 (Not applicable to the company during the Audit period) and
- (h) The Securities and Exchange Board of India (Buyback of Securities)
- 6. As informed to us that the other law applicable to the company is The Income Tax Act, 1961.

We have also examined compliance with the applicable clause of the following

- The Secretarial Standards issue by the Institute of Company Secretaries of India. (Not applicable to the Company during the Audit period)
- II. The Listing Agreements entered into by the Company with Bombay Stock Exchange SME.

During the period undo, review the Company has complied with the provisions of the Act, Rules, Regulations, guidelines, Standards, etc mentioned above.

We further report that the Board of Directors of the Company is duly constituted with proper balance of Executive Directors, Non-Executive Directors and Independent Directors. The changes in the composition of the Board of Directors that took place during the period under review were carried out in compliance with the provisions of the Act.

Adequate notice is given to all Directors to schedule the Board Meetings, agenda and detailed notes on agenda were sent at least seven days in advance, and a system exists for seeking and obtaining further information and clarification on the agenda items before the meeting and for meaningful participation at the 'meeting.

For Rohit Singhi & Co.
Computing Secretary)
Cop No. 16021
Rohit Singhi



All decision at Board Meetings and Committee Meetings are carried unanimously as recorded in the minutes of the Meetings of the Board of Directors or Committee of the Board, as the case may be.

We further report that there are adequate systems and processes in the Company commensurate with the size and operations of the Company to monitor and ensure compliance with applicable laws, rules, regulations and guidelines.

Note: This report is to be read with our letter of even date which is annexed as "ANNEXURE A' and forms an integral part it this report.

For Rohit Singhi & Co.
Kompuny Secretary)
Cop No. 16021
Rohit Singhi

To, The Members,
POWERHOUSE GYM & WELLNESS LIMITED
101,SWATI BUILDING,
NORTH AVENUE ROAD,
SANTACURZ(WEST),
MUMBAI- 400054.

#### "ANNEXURE A"

Our report of even date is to be read along with this letter.

Maintenance of Secretariat records is the responsibility of the management of the Company. Our responsibility is to express an opinion on these secretarial records based on our audit.

We have followed the audit practices and processes as were appropriate to obtain reasonable assurance about the correctness of the contents of the Secretariat records. The verification was done on the test basis to ensure that correct facts are reflected in Secretarial records. We believe that the processes and practices, we followed provide a reasonable basis for our opinion.

We have not verified the correctness and appropriateness of financial records and books of accounts of the Company.

Where ever required, we have obtained the Management representation about compliance of laws, rules and regulations and happenings of events etc.

The compliance of provisions of Corporate and other applicable laws, rules, regulations, standards is the responsibility of the management. Our examination was limited to the verification of procedures on test basis.

The Secretarial Audit Report is neither an assurance as to the future viability of the Company nor of efficacy or effectiveness with which the management has conducted the affairs of the Company.

Date- 22/08/2016

Place- Kolkata

For Rohit Singhi & Co.
(Con No. 16021

Rohit Singhi

Rohit Singhi

CoP No- 16021

Membership No- 43484

Practicing Company Secretary

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

#### INDEPENDENT AUDITOR'S REPORT

#### TO THE MEMBERS OF POWERHOUSE GYM & WELLNESS LIMITED.

#### Report on the Financial Statements

We have audited the accompanying (Standalone) financial statements of *POWERHOUSE GYM & WELLNESS LIMITED* ("the Company") which comprise the Balance Sheet as at March 31, 2016, the Statement of Profit and Loss, for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### Management's Responsibility for the (Standalone) Financial Statements

The Company's Board of Directors is responsible for the matters stated in Section 134(5) of the Companies Act, 2013 ("the Act") with respect to the preparation of these (Standalone) financial statements that give a true and fair view of the financial position, financial performance of the Company in accordance with the accounting principles generally accepted in India, including the Accounting Standards specified under Section 133 of the Act, read with Rule 7 of the Companies (Accounts) Rules, 2014. This responsibility also includes maintenance of adequate accounting records in accordance with the provisions of the Act for safeguarding the assets of the Company and for preventing and detecting frauds and other irregularities; selection and application of appropriate accounting policies; making judgments and estimates that are reasonable and prudent; and design, implementation and maintenance of adequate internal financial controls, that were operating effectively for ensuring the accuracy and completeness of the accounting records, relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on these (Standalone) financial statements based on our audit. We have taken into account the provisions of the Act, the accounting and auditing standards and matters which are required to be included in the audit report under the provisions of the Act and the Rules made there under.

We conducted our audit in accordance with the Standards on Auditing specified under Section 143(10) of the Act. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and the disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal financial control relevant to the Company's preparation of the financial statements that give a true and fair view in order



1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on whether the Company has in place an adequate internal financial controls system over financial reporting and the operating effectiveness of such controls. An audit also includes evaluating the appropriateness of the accounting policies used and the reasonableness of the accounting estimates made by the Company's Directors, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion on the (Standalone) financial statements

#### Opinion

In our opinion and to the best of our information and according to the explanations given to us, the aforesaid (Standalone) financial statements give the information required by the Act in the manner so required and give a true and fair view in conformity with the accounting principles generally accepted in India, of the state of affairs of the Company as at March 31, 2016, and its Profit/Loss for the year ended on that date.

#### Report on Other Legal and Regulatory Requirements

- As required by the Companies (Auditor's Report) Order, 2016 ("the Order"), as amended, issued by the Central Government of India in terms of sub-section (11) of section 143 of the Act, we give in the "Annexure A" a statement on the matters specified in paragraphs 3 and 4 of the Order.
- 2. As required by section 143 (3) of the Act, we report that:
  - a. we have sought and obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;
  - in our opinion proper books of account as required by law have been kept by the Company so far as it appears from our examination of those books;
  - c. the Balance Sheet, the Statement of Profit and Loss dealt with by this Report are in agreement with the books of account
  - d. in our opinion, the aforesaid (Standalone) financial statements comply with the Accounting Standards specified under section 133 of the Act, read with Rule 7 of the Companies (Accounts) Rules, 2014.
  - e. On the basis of written representations received from the directors as on March 31, 2016 taken on record by the Board of Directors, none of the directors is disqualified as on March 31, 2016 from being appointed as a director in terms of Section 164 (2) of the Act.



1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai – 400067.

- f. With respect to the adequacy of the internal financial controls over financial reporting of the Company and the operating effectiveness of such controls, refer to our separate Report in "Annexure B".
- g. With respect to the other matters to be included in the Auditor's Report in accordance with Rule 11 of the Companies (Audit and Auditors) Rules, 2014, in our opinion and to the best of our information and according to the explanations given to us:
  - The Company does not have any pending litigations which would impact its financial position.
  - The Company did not have any long-term contracts including derivative contracts for which there were any material foreseeable losses.
  - iii. There were no amounts which were required to be transferred to the Investor Education and Protection Fund by the Company.

For and on behalf of ANIL JAIN & ASSOCIATES

Chartered Accountants

Firm's registration number:115987W

ANIL JAIN

**PROPRIETOR** 

Membership number:039803

Place: MUMBAI Date: 05.09.2016

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

### "Annexure A" to the Independent Auditors' Report

Referred to in paragraph 1 under the heading 'Report on Other Legal & Regulatory Requirement' of our report of even date to the financial statements of the Company for the year ended March 31, 2016:

- 1) (a) The Company has maintained proper records showing full particulars, including quantitative details and situation of fixed assets;
  - (b) The Fixed Assets have been physically verified by the management in a phased manner, designed to cover all the items over a period of three years, which in our opinion, is reasonable having regard to the size of the company and nature of its business. Pursuant to the program, a portion of the fixed asset has been physically verified by the management during the year and no material discrepancies between the books records and the physical fixed assets have been noticed.
  - (C) The title deeds of immovable properties are held in the name of the company.
- 2) (a) The management has conducted the physical verification of inventory at reasonable intervals.
  - b) The discrepancies noticed on physical verification of the inventory as compared to books records which has been properly dealt with in the books of account were not material.
- The Company has not granted any loans, secured or unsecured to companies, firms, Limited Liability partnerships or other parties covered in the Register maintained under section 189 of the Act. Accordingly, the provisions of clause 3 (iii) (a) to (C) of the Order are not applicable to the Company and hence not commented upon.
- In our opinion and according to the information and explanations given to us, the company has complied with the provisions of section 185 and 186 of the Companies Act, 2013 In respect of loans, investments, guarantees, and security.
- The Company has not accepted any deposits from the public and hence the directives issued by the Reserve Bank of India and the provisions of Sections 73 to 76 or any other relevant provisions of the Act and the Companies (Acceptance of Deposit) Rules, 2015 with regard to the deposits accepted from the public are not applicable.
- As informed to us, the maintenance of Cost Records has not been specified by the Central Government under sub-section (1) of Section 148 of the Act, in respect of the activities carried on by the company.

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- 7) (a) According to information and explanations given to us and on the basis of our examination of the books of account, and records, the Company has been generally regular in depositing undisputed statutory dues including Provident Fund, Employees State Insurance, Income-Tax, Sales tax, Service Tax, Duty of Customs, Duty of Excise, Value added Tax Cess and any other statutory dues with the appropriate authorities. According to the information and explanations given to us, no undisputed amounts payable in respect of the above were in arrears as at March 31, 2016 for a period of more than six months from the date on when they become payable.
  - (b) According to the information and explanation given to us, there are no dues of income tax, sales tax, service tax, duty of customs, duty of excise, value added tax outstanding on account of any dispute.
- 8) In our opinion and according to the information and explanations given to us, the Company has not defaulted in the repayment of dues to banks. The Company has not taken any loan either from financial institutions or from the government and has not issued any debentures.
- Based upon the audit procedures performed and the information and explanations given by the management, the company has not raised moneys by way of initial public offer or further public offer including debt instruments and term Loans. Accordingly, the provisions of clause 3 (ix) of the Order are not applicable to the Company and hence not commented upon.
- Based upon the audit procedures performed and the information and explanations given by the management, we report that no fraud by the Company or on the company by its officers or employees has been noticed or reported during the year.
- Based upon the audit procedures performed and the information and explanations given by the management, the managerial remuneration has been paid or provided in accordance with the requisite approvals mandated by the provisions of section 197 read with Schedule V to the Companies Act;
- 12) In our opinion, the Company is not a Nidhi Company. Therefore, the provisions of clause 4 (xii) of the Order are not applicable to the Company.
- 13) In our opinion, all transactions with the related parties are in compliance with section 177 and 188 of Companies Act, 2013 and the details have been disclosed in the Financial Statements as required by the applicable accounting standards.
- Based upon the audit procedures performed and the information and explanations given by the management, the company has not made any preferential allotment or private placement of shares or fully or partly convertible debentures during the year under review. Accordingly, the provisions of clause 3 (xiv) of the Order are not applicable to the Company and hence not commented upon.

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- Based upon the audit procedures performed and the information and explanations given by the management, the company has not entered into any non-cash transactions with directors or persons connected with him. Accordingly, the provisions of clause 3 (xv) of the Order are not applicable to the Company and hence not commented upon.
- In our opinion, the company is not required to be registered under section 45 IA of the Reserve Bank of India Act, 1934 and accordingly, the provisions of clause 3 (xvi) of the Order are not applicable to the Company and hence not commented upon.

For and on behalf of
ANIL JAIN & ASSOCIATES
Chartered Accountants
Firm's registration number:115987W

ANIL JAIN PROPRIETOR

Membership number:039803

Place: MUMBAI Date: 05.09.2016

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

"Annexure B" to the Independent Auditor's Report of even date on the Standalone Financial Statements of Powerhouse Gym & Wellness limited

Report on the Internal Financial Controls under Clause (i) of Sub-section 3 of Section 143 of the Companies Act, 2013 ("the Act")

We have audited the internal financial controls over financial reporting of Powerhouse Gym & Wellness Limited ("the Company") as of March 31, 2016 in conjunction with our audit of the standalone financial statements of the Company for the year ended on that date.

#### Management's Responsibility for Internal Financial Controls

The Company's management is responsible for establishing and maintaining internal financial controls. These responsibilities include the design, implementation and maintenance of adequate internal financial controls that were operating effectively for ensuring the orderly and efficient conduct of its business, including adherence to company's policies, the safeguarding of its assets, the prevention and detection of frauds and errors, the accuracy and completeness of the accounting records, and the timely preparation of reliable financial information, as required under the Companies Act, 2013.

#### Auditors' Responsibility

Our responsibility is to express an opinion on the Company's internal financial controls over financial reporting based on our audit. We conducted our audit in accordance with the Guidance

Note on Audit of Internal Financial Controls Over Financial Reporting (the "Guidance Note") and the Standards on Auditing, issued by ICAI and deemed to be prescribed under section 143(10) of the Companies Act, 2013, to the extent applicable to an audit of internal financial controls, both applicable to an audit of Internal Financial Controls and, both issued by the Institute of Chartered Accountants of India. Those Standards and the Guidance Note require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether adequate internal financial controls over financial reporting was established and maintained and if such controls operated effectively in all material respects.

Our audit involves performing procedures to obtain audit evidence about the adequacy of the internal financial controls system over financial reporting and their operating effectiveness. Our audit of internal financial controls over financial reporting included obtaining an understanding of internal financial controls over financial reporting, assessing the risk that a material weakness exists, and testing and evaluating the design and operating effectiveness of internal control based on the assessed risk. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error.

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion on the Company's internal financial controls system over financial reporting.

#### Meaning of Internal Financial Controls Over Financial Reporting

A company's internal financial control over financial reporting is a process designed to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles. A company's internal financial control over financial reporting includes those policies and procedures that (1) pertain to the maintenance of records that, in reasonable detail, accurately and fairly reflect the transactions and dispositions of the assets of the company; (2) provide reasonable assurance that transactions are recorded as necessary to permit preparation of financial statements in accordance with generally accepted accounting principles, and that receipts and expenditures of the company are being made only in accordance with authorizations of management and directors of the company; and (3) provide reasonable assurance regarding prevention or timely detection of unauthorized acquisition, use, or disposition of the company's assets that could have a material effect on the financial statements.

#### Inherent Limitations of Internal Financial Controls Over Financial Reporting

Because of the inherent limitations of internal financial controls over financial reporting, including the possibility of collusion or improper management override of controls, material misstatements due to error or fraud may occur and not be detected. Also, projections of any evaluation of the internal financial controls over financial reporting to future periods are subject to the risk that the internal financial control over financial reporting may become inadequate because of changes in conditions, or that the degree of compliance with the policies or procedures may deteriorate.

#### Opinion

In our opinion, the Company has, in all material respects, an adequate internal financial controls system over financial reporting and such internal financial controls over financial reporting were operating effectively as at March 31, 2016.

For and on behalf of

**ANIL JAIN & ASSOCIATES** 

**Chartered Accountants** 

Firm's registration number:115987W

ANIL JAIN PROPRIETOR

Membership number:039803

Place: MUMBAI Date: 05.09.2016

# POWERHOUSE GYM & WELLNESS LIMITED (Formerly known as Powerhouse Fitness & Realty Limited) NOTES FORMING PART OF ACCOUNTS FOR THE YEAR ENDED 31st MARCH, 2016

#### A. SIGNIFICANT ACCOUNTING POLICIES

#### a. ACCOUNTING CONCEPTS:

The accounts have been prepared on historical cost convention. The company follows the accrual basis of accounting. The financial statements are prepared in accordance with accounting standards specified under section 133 of the companies act 2013, read with rule 7 of the companies (Accounts) Rules , 2014 and the relevant provision of companies act, 2013.

#### b. USE OF ESTIMATES:

The preparation of financial statements requires the management of the company to make estimates and assumption that effect the reported amount of assets and liabilities on the date of the financial statements and the reported amount of revenues and expenses during the reporting period. Differences between the actual results and estimates are recognized in the period in which the results are known/materialized. Though the management believes that the estimates used are prudent and reasonable, actual results could differ from these estimates.

#### c. FIXED ASSETS

Fixed Assets are stated at cost less accumulated depreciation thereon. The cost of fixed assets comprises purchase price and any directly attributable cost of bringing the asset to its working condition for its intended use. Borrowing cost directly attributable to acquisition or construction of those fixed assets which necessary takes substantial period of time to get ready for their intended use are capitalized.



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#### d. DEPRECIATION

In respect of fixed Assets, depreciation is charged on WDV basis to write of the cost of the fixed asset.

Useful life of fixed Asset is taken on the basis of its use.

#### e. INVESTMENTS

Investments are classified into current investments and non current investments. Investments that are intended to be held for one year or more as on the date of Balance sheet are classified as non current investments and investments that are held for less than one year as on the date of Balance Sheet are classified as current investments. Non current investment are valued at cost. Income from investment is recognized in the year in which it is accrued and states at gross.

#### f. INVENTORIES

The stock in trade during the year is valued at cost or net realizable value whichever is less.

#### g. Employee Benefits:

No provision is made in respect of retirement benefits.

#### h. Revenue Recognition:

 Revenue has been recognized as and when there is a reasonable certainty of its ultimate realization



#### i. Contingent Liability:

i) Provisions are recognized for present obligation of uncertain timing or amount as a result of a past event where a reliable estimate can be made and it is probable that an outflow or resources embodying economic benefits will be required to settle the obligation. Where it is not possible that an outflow or resources embodying economic benefits will be required or the amount cannot be estimated reliably, the obligation is disclosed as contingent liability, unless the probability of outflow or resources embodying economic benefits is remote.

ii)Possible obligations whose existence will only be confirmed by the occurrence or non-occurrence of one or more uncertain events are also disclosed as contingent liabilities unless the probability of outflow of resources embodying economic benefit is remote.

j. Previous year's figures have been regrouped wherever necessary to confirm to current year's groupings.

#### k. Cash and Cash equivalents

Cash and cash equivalents for the purpose of cash flow statement comprise cash at bank and in hand and short term investments with an original maturity of three months or less

For JAIN ANIL & ASSOCIATES

Chartered Accountants

(ANIL JAIN)

Proprietor

For and on behalf of Board of Directors

POWERHOUSE GYM & WELLNESS LIMITED

Ankush Gupta

Whole-Time Director

Akshat Gupta

ManagingDirector

PLACE

: MUMBAI

DATED 05.09.2016

### Powerhouse Gym & Wellness Limited (Formerly known as Powerhouse Fitness and Realty Ltd) Balance Sheet as at 31st March 2016

Particulars	Note No	As at 31st March 2016	As at 31st March 2015
I. EQUITY AND LIABILITIES			
(1) Shareholder's Funds			
(a) Share Capital	2 3	69,000,000	69,000,000
(b) Reserves and Surplus	3	46,883,263	49,696,068
(2) Non-Current Liabilities			
(a) Long-term borrowings	4	7,859,114	9,884,407
(b) Deferred tax liabilities (Net)	8	4,642,389	668,745
(3) Current Liabilities	5		
(a) Trade payables		12,844,856	12,110,369
(b) Other current liabilities		6,307,753	4,398,313
(c) Short-term provisions	1 1	178,804	557,273
TOTAL		147,716,179	146,315,175
II.Assets			
(1) Non-current assets			
(a) Fixed assets	6		
(i) Tangible assets		70,729,933	48,002,511
(ii) Intangible assets under development		18,433,952	13,867,807
(b) Other Non Current Asset		121	190,846
(2) Current assets	7		
(a) Trade receivables		171,585	192,249
(b) Cash and cash equivalents		17,989,307	3,134,015
(c) Short-term loans and advances		19,836,765	16,153,084
(d) Other current assets		20,554,638	64,774,663
TOTAL		147,716,179	146,315,175
Significant Accounting Policies	1		

For Jain Anil & Associates |

Chartered Accountants

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(Anil Jain) Proprietor

Membership No. 039803

Firm Reg. No. 115987W

Date:05/09/2016

For Powerhouse Gym & Wellness Limited

Mr. Akshat Gupta Managing Director Date:05/09/2016

Mr. Ankush Gupta
Whole-Time Director

#### Notes to financial statement

#### Note-2: Share Capital

	As at 31 March 2016	As at 31 March 2015
Authorised 70,00,000 Equity Share of Rs 10/- each	70,000,000	70,000,000
Tecuad Subscribed & Daid Ha	70,000,000	70,000,000
Issued, Subscribed & Paid Up 69,00,000 Equity Shares of Rs 10/- each fully paid up in cash	69,000,000	69,000,000
Total	69,000,000	69,000,000

Refer Notes (i) to (iv) below

#### Notes:

#### (i) Right of Equity Shareholders:

The Company has only one class of Equity Shares having a par value of Rs. 10/- each.

#### (ii) Reconciliation of the equity shares outstanding at the beginning and at the end of the year

Particulars	As at 31 March 2016		As at 31 March 2015	
	No. of Shares	Rs.	No. of Shares	Rs.
At the beginning of the year	4,078,200	40,782,000	4,078,200	40,782,000
Issued during the year	2,821,800	28,218,000	2,821,800	28,218,000
Outstanding at the end of the year	6,900,000	69,000,000	6,900,000	69,000,000

(iii) Details of shares held by each shareholder holding more than 5% of shares:

Name of Shareholder	Equity Shares				
	As at 31 March 2016		As at 31 March 2015		
	No. of Shares held	% of Holding	No. of Shares held	% of Holding	
Akshat Gupta	1,249,000	18%	1,249,000	18%	
Ankush Gupta	1,249,000	18%	1,249,000	18%	
Sushma Gupta	800,000	12%	800,000	12%	
Ashok Gupta	400,000	6%	400,000	6%	
Ashok Gupta HUF	400,000	6%	400,000	6%	
Neha Gandhi	201,000	3%	201,000	3%	
Shrishti Deora	201,000	3%	201,000	3%	

(iv) The Company is standalone company and does not have any holding company.



#### Notes to financial statement

Note-3: Reserves & Surplus

	As at 31 March 2016	As at 31 March 2015
a. Securities Premium	48,000,000	48,000,000
b. Profit & Loss Account Opening Balance B/f Add:- Profit for the Current Year	1,696,068 (2,812,805) (1,116,737)	829,371 866,697 1,696,068
Total	46,883,263	49,696,068



Notes to financial statement		
Note-4: Long Term Borrowings		
	As at 31 March 2016	As at 31 March 2015
(a) Term loans Secured	6,859,114	8,884,407
(b) Loans and advances From related parties	1,000,000	1,000,000
TOTAL	7,859,114	9,884,407

Notes		
(i) Details of terms repayment for the oth in respect of the secured other long-term	er long-term borrowings and security por borrowings:	rovided
Particulars	As at 31 March 2016	As at 31 March 2015
BOB Loan BOB Loan	4,937,049 1,922,065	6,389,025 2,495,382
Total Term Loans from Bank	6,859,114	8,884,407
(ii) Details of Unsecured loans From Direct	ctors and there relatives :	
Particulars	As at 31 March 2016	As at 31 March 2015
Universal Fitness	1,000,000	1,000,000
Total Unsecured Loans	1,000,000	1,000,000

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#### Notes to financial statement

#### Note-5 : Current Liabilities

	As at 31 March 2016	As at 31 March 2015
(a) Trade Payables		
Sundry Creditors for Goods	3,016,701	2,540,330
Sundry Creditors for Expenses	9,828,155	9,570,039
	12,844,856	12,110,369
(b) Other Current Liabilities		
Duties & taxes	6,307,753	4,398,313
	6,307,753	4,398,313
(c) Short-Term Provisions		
Provision for Income Tax	178,804	557,273
	178,804	557,273

	As at 31 March 2016	As at 31 March 2015
(a) Other non-current assets		
Preliminary Expenses not written off		
Opening Balance with additions	190,846	254,465
Less: Written off during the year	190,846	63,619
	-	190,846



Notes to financial statement

Note-6: Fixed Assets

		Gross	Gross Block		100		Depreciation			Net Block	
Particulars	Opening Balance	Additions	Disposals/Recl assification	Balance as at 31.03.2016	Opening Balance	Effect through op bal. of retained earning	Depreciation Charge for the year	On Disposals	Balance as at 31.03.2016	Balance as at 31.03.2016	Balance as at 31.03.2015
Computers	705,854	87,750	10	793,604	381,386		74,896	*1	456,282	337,322	324,468
Air Conditioner	3,154,054	2,212,157	,	5,366,211	331,094		335,043		666,137	4,700,074	2,822,960
Building	4,128,513	2,875,905	30	7,004,418	418,531		373,266	304	791,797	6,212,621	3,709,982
Fitness Equipments	30,760,750	9,920,171	674,828	40,006,093	3,561,616	(0)	2,860,643	122,144	6,300,115	33,705,978	27,199,134
Plant & Machinery	498,881	ж	v	498,881	111,206		65,994	9.	177,200	321,681	387,675
Electrical Installation	1,714,230	1,269,635	53	2,983,865	346,654		272,616	54.	619,270	2,364,595	1,367,576
Furniture & Fixture	15,097,038	12,802,215	Ft	27,899,253	2,906,322		1,905,269	F	4,811,591	23,087,662	12,190,716
	56,059,320	29,167,833	674,828	84,552,325	8,056,809		5,887,727	122,144	13,822,392	70,729,933	48,002,511
Intangible Assets	13,867,807	4,566,145	3	18,433,952	5/8	*	1	6	)¥	18,433,952	13,867,807
Total	69,927,127	33,733,978	674,828	102,986,277	8,056,809	V4.	5,887,727	122,144	13,822,392	89,163,885	61,870,318





Notes to financial statement		
Note-8 : Deferred tax liabilities (Net)		
Particulars	As at 31 March 2016	As at 31 March 2015
	Rs.	Rs.
Deferred tax (Liability) / Asset		
Tax effect of items constituting deferred tax liability		
On difference between book balance and tax balance of fixed assets	(63	(90)
On expenditure deferred in the books but allowable for tax purposes		3
On items included in Reserves and surplus pending amortisation into the Statement of Profit & Loss	200	(20)
Others		- 4
Tax effect of items constituting deferred tax liability	7,50	V 851
Tax effect of items constituting deferred tax assets	1920 - 2744-70 X-77720	nesste-restern
On difference between book balance and tax balance of fixed assets	(3,973,644)	(373,492
Tax effect of items constituting deferred tax assets	(3,973,644)	(373,492
Net Deferred Tax Asset / (Liability) Recognised	(3,973,644)	(373,492)
Deferred Tax Charge for the year :		
Particulars	As at 31 March 2016	As at 31 March 2015
Opening Net Deffered Tax Asset / (Liability)	(668,745)	(295,253
Less: Closing Net Deferred Tax Asset / (Liability)	(3,973,644)	(373,492
Deferred Tax charge for the year	(4,642,389)	(668,745





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Powerhouse Gym & Wellness Limited (Formerly known as Powerhouse Fitness and Realty Ltd) Statement of Profit & Loss for the period ended 31st March 2016 For the Period ended For the Period ended 31st March 31st March 2015 Note No 2016 89,573,626 9 111,591,952 Revenue from operations 9,909,551 2,675,143 10 Other Income 99,483,177 114,267,095 Total Revenue (I) Expenses: 24,117,581 32,986,646 Employee benefit expense 11 2,667,972 1,583,318 12 Financial costs Depreciation and amortization expense 6,331,212 5,765,583 6 64,673,223 72,470,708 13 Other Expenses 97,789,988 112,806,255 Total Expenses (II) V. Profit before exceptional and extraordinary items and tax 1,460,839 1,693,189 VI. Exceptional Items 1,460,839 1,693,189 VII. Profit before extraordinary items and tax VIII. Extraordinary Items 1,693,189 1,460,839 IX. Profit before tax X. Tax expense: 300,000 453,000 (1) Current tax 373,492 3,973,644 (2) Deferred tax (3) Prior Year Taxation XI. Profit(Loss) from the period from continuing operations 866,697 (2,812,805)XII. Profit/(Loss) from discontinuing operations XIII. Tax expense of discounting operations XIV. Profit/(Loss) from Discontinuing operations 866,697 (2,812,805)XV. Profit/(Loss) for the period XVI. Earning per equity share: 0.21 (0.69)

For Jain Anil & Associates Chartered Accountants

Significant Accounting Policies

Notes on Financial Statements

(1) Basic

(2) Diluted

(Anil Jain)

Memb. No 39803

Proprietor

Membership No. 039803 Firm Reg. No. 115987W Date:05/09/2016

For Powerhouse Gym & Wellness Limited

(0.69)

Mr. Akshat Cupta Date: 05/09/2010 3500H

Date:05/09/2016

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Mr. Ankush Gupta Whole-Time Director

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### POWERHOUSE GYM & WELLNESS LIMITED (Formerly Known as Powerhouse Fitness and Realty Ltd)

#### **Notes to Financial Statements**

	For the period ended 31st March 2016	For the period ended 31st March 2015
INCOMES		Table Friday Cir Ed 25
Note-9		
Revenue From Operations		
Sales	111,591,952	89,573,626
Note-10	111,591,952	89,573,626
Other Income Interest - PO RD		
Dividend Received Other Income	1,471,208	-
Interest Received on FDR Physio Therepy Income	39,030	1,831,100 7,918,695
Note-11		
Employee Benefits Expense		
Salary And Bonus Staff Walfare	32,658,534 328,112	24,117,581
Note-12	32,986,646	24,117,581
Note-12 Finance Costs		
Interest - Bank	1,310,934	2 245 026
Bank Charges	272,384	2,345,036 322,936
	1,583,318	2,667,972



### Notes to financial statement

#### Note- 7: Current Assets

Current Assets	As at 31 March 2016	As at 31 March 2015
(a) Trade Receivables		
(Considered to be good by the Management)		
More than 6 Months	142,698	_
Others	28,887	192,249
	171,585	192,249
(a) Cash and Cash Equivalents:		
Cash in Hand	2,193,515	2,401,536
Bank Accounts		
With Schedule Banks		
In current Account	15,795,792	732,479
	17,989,307	3,134,015
(b) Short-Term Loans & Advances		
Advances recoverable in Cash or in Kind or for value to be received which includes		
(i) Earnest & Security Deposit	18,975,830	15,917,135
(ii) Advance given to supplier	860,935	235,949
	19,836,765	16,153,084
(c) Other Current Assets		
(i) Loans & Advances Receivable / Value to be received	20,413,967	63,818,199
(ii) Duties & Taxes	140,671	956,464
	20,554,638	64,774,663



### POWERHOUSE GYM & WELLNESS LIMITED (Formerly Known as Powerhouse Fitness and Realty Ltd)

#### **Notes to Financial Statements**

Note-13		
Other Expenses (Administration)		
Agency Charges		106,916
Advertisement Expenses	3,676,100	3,739,084
Business Development Expenses	E(A=0) = A(E=0.2)	448,385
Brokerage & Commission	4,626,944	4,961,565
Car Expenses	107,394	1/202/202
Computer & AMC Maintainence	72,118	103,116
Conveyance	118,570	17,583
Electricity Expenses	16,614,152	14,192,557
General Expenses	465,617	1,280,921
Gym Expenses	1,998,907	4,346,030
House Keeping Charges	804,779	708,086
Inspection Charges	S - AAA (100 S )	5,618
Insurance Charges	161,651	181,480
Internet Charges	62,582	27,945
Interest on Taxes	338,482	116,603
Maintanance Charges	29,000	1,039,300
Misc. Expense written off	190,846	63,619
Labour Charges	=	644,483
Legal & Professional Charges	523,905	2,309,301
Rent	35,848,225	22,627,424
Parking Charges	388,968	385,000
Property Tax	1,153,191	300,040
Printing & Stationery	608,569	1,908,745
Repairs & Maintenance	2,210,608	2,339,667
Rates & Taxes	98,722	100,181
Sales Promotion Expense	547,993	375,168
Security Charges	516,735	196,102
Share Issue Expenses		557,342
Software Installation Charges	· ·	287,500
Survey Charges	29,760	57,432
Travelling Expense		135,759
Telephone Expense	874,007	534,399
Transportation Charges	11,500	142,170
Water Charges	391,384	433,702
	72,470,708	64,673,223



	POWERHOUSE GYM & WELLNESS LIM  (Formerly Known as Powerhouse Fitness and		
	Cash Flow Statement 31st March 2016		
	DESCRIPTION	2015-16 Amt. (Rs.)	2014-15 Amt. (Rs.)
A	Cash Flow from operating Activities  Net Profit before tax and extraordinary items  Adjusted for :	1,460,839	1,693,189
	Depreciation and Amortisation Interest Expenses	5,765,583 1,583,318	6,331,212 2,667,972
	Operating Profit before Working Capital Changes	8,809,740	10,692,373
	Adjusted for :  (Increase) / Decrease in Sundry Debtors  (Increase) / Decrease in Loans & Advances  (Increase) / Decrease in Other Current Assets  Increase / (Decrease) in In Current Liabilities	20,664 (3,683,681) 44,029,179 2,643,927	(192,249) (359,458) (53,888,454) 11,333,082
	Cash Generated from Operations Taxes Paid Net Cash from Operating Activities	51,819,830 (296,778) 51,523,052	(32,414,706)
В	Cash Flow from Investing Activities  Purchases of Fixed Assets  Net Cash from Investing Activities	(33,059,150)	(32,933,569)
С	Cash Flow from Financing Activities  Issue of Ordinay Share Capital  Proceeds / (Repayment) from Long Term Borrowings  Interest Expenses  Net cash from Financing Activities	(2,025,293) (1,583,318) (3,608,611)	76,218,000 (6,978,830) (2,667,972) 66,571,198
	Net Increase / (Decrease) in Cash and Cash Equivalents Cash and Cash Equivalents as at 31-03-2015/31-03-2015 Cash and Cash Equivalents as at 31-03-2016/31-03-2015	14,855,291 3,134,015 17,989,307	1,222,923 1,911,092 3,134,015



1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

#### INDEPENDENT AUDITOR'S REPORT

#### TO THE MEMBERS OF POWERHOUSE GYM & WELLNESS LIMITED.

#### Report on the Financial Statements

We have audited the accompanying (Standalone) financial statements of *POWERHOUSE GYM & WELLNESS LIMITED* ("the Company") which comprise the Balance Sheet as at March 31, 2016, the Statement of Profit and Loss, for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### Management's Responsibility for the (Standalone) Financial Statements

The Company's Board of Directors is responsible for the matters stated in Section 134(5) of the Companies Act, 2013 ("the Act") with respect to the preparation of these (Standalone) financial statements that give a true and fair view of the financial position, financial performance of the Company in accordance with the accounting principles generally accepted in India, including the Accounting Standards specified under Section 133 of the Act, read with Rule 7 of the Companies (Accounts) Rules, 2014. This responsibility also includes maintenance of adequate accounting records in accordance with the provisions of the Act for safeguarding the assets of the Company and for preventing and detecting frauds and other irregularities; selection and application of appropriate accounting policies; making judgments and estimates that are reasonable and prudent; and design, implementation and maintenance of adequate internal financial controls, that were operating effectively for ensuring the accuracy and completeness of the accounting records, relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on these (Standalone) financial statements based on our audit. We have taken into account the provisions of the Act, the accounting and auditing standards and matters which are required to be included in the audit report under the provisions of the Act and the Rules made there under.

We conducted our audit in accordance with the Standards on Auditing specified under Section 143(10) of the Act. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and the disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal financial control relevant to the Company's preparation of the financial statements that give a true and fair view in order

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on whether the Company has in place an adequate internal financial controls system over financial reporting and the operating effectiveness of such controls. An audit also includes evaluating the appropriateness of the accounting policies used and the reasonableness of the accounting estimates made by the Company's Directors, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion on the (Standalone) financial statements

#### Opinion

In our opinion and to the best of our information and according to the explanations given to us, the aforesaid (Standalone) financial statements give the information required by the Act in the manner so required and give a true and fair view in conformity with the accounting principles generally accepted in India, of the state of affairs of the Company as at March 31, 2016, and its Profit/Loss for the year ended on that date.

#### Report on Other Legal and Regulatory Requirements

- As required by the Companies (Auditor's Report) Order, 2016 ("the Order"), as amended, issued by the Central Government of India in terms of sub-section (11) of section 143 of the Act, we give in the "Annexure A" a statement on the matters specified in paragraphs 3 and 4 of the Order.
- 2. As required by section 143 (3) of the Act, we report that:
  - a. we have sought and obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;
  - in our opinion proper books of account as required by law have been kept by the Company so far
    as it appears from our examination of those books;
  - c. the Balance Sheet, the Statement of Profit and Loss dealt with by this Report are in agreement with the books of account
  - d. in our opinion, the aforesaid (Standalone) financial statements comply with the Accounting Standards specified under section 133 of the Act, read with Rule 7 of the Companies (Accounts) Rules, 2014.
  - e. On the basis of written representations received from the directors as on March 31, 2016 taken on record by the Board of Directors, none of the directors is disqualified as on March 31, 2016 from being appointed as a director in terms of Section 164 (2) of the Act.

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

- f. With respect to the adequacy of the internal financial controls over financial reporting of the Company and the operating effectiveness of such controls, refer to our separate Report in "Annexure B".
- g. With respect to the other matters to be included in the Auditor's Report in accordance with Rule 11 of the Companies (Audit and Auditors) Rules, 2014, in our opinion and to the best of our information and according to the explanations given to us:
  - i. The Company does not have any pending litigations which would impact its financial position.
  - ii. The Company did not have any long-term contracts including derivative contracts for which there were any material foreseeable losses.
  - iii. There were no amounts which were required to be transferred to the Investor Education and Protection Fund by the Company.

For and on behalf of

**ANIL JAIN & ASSOCIATES** 

Chartered Accountants

Firm's registration number:115987W

ANIL JAIN

**PROPRIETOR** 

Membership number:039803

Place: MUMBAI Date: 05.09.2016

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

#### "Annexure A" to the Independent Auditors' Report

Referred to in paragraph 1 under the heading 'Report on Other Legal & Regulatory Requirement' of our report of even date to the financial statements of the Company for the year ended March 31, 2016:

- (a) The Company has maintained proper records showing full particulars, including quantitative details and situation of fixed assets;
  - (b) The Fixed Assets have been physically verified by the management in a phased manner, designed to cover all the items over a period of three years, which in our opinion, is reasonable having regard to the size of the company and nature of its business. Pursuant to the program, a portion of the fixed asset has been physically verified by the management during the year and no material discrepancies between the books records and the physical fixed assets have been noticed.
  - (C) The title deeds of immovable properties are held in the name of the company.
- 2) (a) The management has conducted the physical verification of inventory at reasonable intervals.
  - b) The discrepancies noticed on physical verification of the inventory as compared to books records which has been properly dealt with in the books of account were not material.
- The Company has not granted any loans, secured or unsecured to companies, firms, Limited Liability partnerships or other parties covered in the Register maintained under section 189 of the Act. Accordingly, the provisions of clause 3 (iii) (a) to (C) of the Order are not applicable to the Company and hence not commented upon.
- 4) In our opinion and according to the information and explanations given to us, the company has complied with the provisions of section 185 and 186 of the Companies Act, 2013 In respect of loans, investments, guarantees, and security.
- The Company has not accepted any deposits from the public and hence the directives issued by the Reserve Bank of India and the provisions of Sections 73 to 76 or any other relevant provisions of the Act and the Companies (Acceptance of Deposit) Rules, 2015 with regard to the deposits accepted from the public are not applicable.
- 6) As informed to us, the maintenance of Cost Records has not been specified by the Central Government under sub-section (1) of Section 148 of the Act, in respect of the activities carried on by the company.

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

- 7) (a) According to information and explanations given to us and on the basis of our examination of the books of account, and records, the Company has been generally regular in depositing undisputed statutory dues including Provident Fund, Employees State Insurance, Income-Tax, Sales tax, Service Tax, Duty of Customs, Duty of Excise, Value added Tax Cess and any other statutory dues with the appropriate authorities. According to the information and explanations given to us, no undisputed amounts payable in respect of the above were in arrears as at March 31, 2016 for a period of more than six months from the date on when they become payable.
  - (b) According to the information and explanation given to us, there are no dues of income tax, sales tax, service tax, duty of customs, duty of excise, value added tax outstanding on account of any dispute.
- 8) In our opinion and according to the information and explanations given to us, the Company has not defaulted in the repayment of dues to banks. The Company has not taken any loan either from financial institutions or from the government and has not issued any debentures.
- Based upon the audit procedures performed and the information and explanations given by the management, the company has not raised moneys by way of initial public offer or further public offer including debt instruments and term Loans. Accordingly, the provisions of clause 3 (ix) of the Order are not applicable to the Company and hence not commented upon.
- Based upon the audit procedures performed and the information and explanations given by the management, we report that no fraud by the Company or on the company by its officers or employees has been noticed or reported during the year.
- Based upon the audit procedures performed and the information and explanations given by the management, the managerial remuneration has been paid or provided in accordance with the requisite approvals mandated by the provisions of section 197 read with Schedule V to the Companies Act;
- 12) In our opinion, the Company is not a Nidhi Company. Therefore, the provisions of clause 4 (xii) of the Order are not applicable to the Company.
- In our opinion, all transactions with the related parties are in compliance with section 177 and 188 of Companies Act, 2013 and the details have been disclosed in the Financial Statements as required by the applicable accounting standards.
- Based upon the audit procedures performed and the information and explanations given by the management, the company has not made any preferential allotment or private placement of shares or fully or partly convertible debentures during the year under review. Accordingly, the provisions of clause 3 (xiv) of the Order are not applicable to the Company and hence not commented upon.

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

- Based upon the audit procedures performed and the information and explanations given by the management, the company has not entered into any non-cash transactions with directors or persons connected with him. Accordingly, the provisions of clause 3 (xv) of the Order are not applicable to the Company and hence not commented upon.
- In our opinion, the company is not required to be registered under section 45 IA of the Reserve Bank of India Act, 1934 and accordingly, the provisions of clause 3 (xvi) of the Order are not applicable to the Company and hence not commented upon.

For and on behalf of

**ANIL JAIN & ASSOCIATES** 

Chartered Accountants

Firm's registration number:115987W

ANIL JAIN

**PROPRIETOR** 

Membership number:039803

Place: MUMBAI Date: 05.09.2016

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai - 400067.

"Annexure B" to the Independent Auditor's Report of even date on the Standalone Financial Statements of Powerhouse Gym & Wellness limited

Report on the Internal Financial Controls under Clause (i) of Sub-section 3 of Section 143 of the Companies Act, 2013 ("the Act")

We have audited the internal financial controls over financial reporting of Powerhouse Gym & Wellness Limited ("the Company") as of March 31, 2016 in conjunction with our audit of the standalone financial statements of the Company for the year ended on that date.

#### Management's Responsibility for Internal Financial Controls

The Company's management is responsible for establishing and maintaining internal financial controls. These responsibilities include the design, implementation and maintenance of adequate internal financial controls that were operating effectively for ensuring the orderly and efficient conduct of its business, including adherence to company's policies, the safeguarding of its assets, the prevention and detection of frauds and errors, the accuracy and completeness of the accounting records, and the timely preparation of reliable financial information, as required under the Companies Act, 2013.

#### Auditors' Responsibility

Our responsibility is to express an opinion on the Company's internal financial controls over financial reporting based on our audit. We conducted our audit in accordance with the Guidance

Note on Audit of Internal Financial Controls Over Financial Reporting (the "Guidance Note") and the Standards on Auditing, issued by ICAI and deemed to be prescribed under section 143(10) of the Companies Act, 2013, to the extent applicable to an audit of internal financial controls, both applicable to an audit of Internal Financial Controls and, both issued by the Institute of Chartered Accountants of India. Those Standards and the Guidance Note require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether adequate internal financial controls over financial reporting was established and maintained and if such controls operated effectively in all material respects.

Our audit involves performing procedures to obtain audit evidence about the adequacy of the internal financial controls system over financial reporting and their operating effectiveness. Our audit of internal financial controls over financial reporting included obtaining an understanding of internal financial controls over financial reporting, assessing the risk that a material weakness exists, and testing and evaluating the design and operating effectiveness of internal control based on the assessed risk. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error.

1603, Gaurav Height, Mahavir Nagar, Kandivali (West), Mumbai – 400067.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion on the Company's internal financial controls system over financial reporting.

#### Meaning of Internal Financial Controls Over Financial Reporting

A company's internal financial control over financial reporting is a process designed to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles. A company's internal financial control over financial reporting includes those policies and procedures that (1) pertain to the maintenance of records that, in reasonable detail, accurately and fairly reflect the transactions and dispositions of the assets of the company; (2) provide reasonable assurance that transactions are recorded as necessary to permit preparation of financial statements in accordance with generally accepted accounting principles, and that receipts and expenditures of the company are being made only in accordance with authorizations of management and directors of the company; and (3) provide reasonable assurance regarding prevention or timely detection of unauthorized acquisition, use, or disposition of the company's assets that could have a material effect on the financial statements.

#### Inherent Limitations of Internal Financial Controls Over Financial Reporting

Because of the inherent limitations of internal financial controls over financial reporting, including the possibility of collusion or improper management override of controls, material misstatements due to error or fraud may occur and not be detected. Also, projections of any evaluation of the internal financial controls over financial reporting to future periods are subject to the risk that the internal financial control over financial reporting may become inadequate because of changes in conditions, or that the degree of compliance with the policies or procedures may deteriorate.

#### Opinion

In our opinion, the Company has, in all material respects, an adequate internal financial controls system over financial reporting and such internal financial controls over financial reporting were operating effectively as at March 31, 2016.

For and on behalf of

**ANIL JAIN & ASSOCIATES** 

Chartered Accountants

Firm's registration number

ANIL JAIN

**PROPRIETOR** 

Membership number:039803

Place: MUMBAI Date: 05.09.2016

# POWERHOUSE GYM & WELLNESS LIMITED (Formerly known as Powerhouse Fitness & Realty Limited) NOTES FORMING PART OF ACCOUNTS FOR THE YEAR ENDED 31st MARCH, 2016

#### A. SIGNIFICANT ACCOUNTING POLICIES

#### a. ACCOUNTING CONCEPTS:

The accounts have been prepared on historical cost convention. The company follows the accrual basis of accounting. The financial statements are prepared in accordance with accounting standards specified under section 133 of the companies act 2013, read with rule 7 of the companies (Accounts) Rules , 2014 and the relevant provision of companies act, 2013.

#### b. USE OF ESTIMATES:

The preparation of financial statements requires the management of the company to make estimates and assumption that effect the reported amount of assets and liabilities on the date of the financial statements and the reported amount of revenues and expenses during the reporting period. Differences between the actual results and estimates are recognized in the period in which the results are known/materialized. Though the management believes that the estimates used are prudent and reasonable, actual results could differ from these estimates.

#### c. FIXED ASSETS

Fixed Assets are stated at cost less accumulated depreciation thereon. The cost of fixed assets comprises purchase price and any directly attributable cost of bringing the asset to its working condition for its intended use. Borrowing cost directly attributable to acquisition or construction of those fixed assets which necessary takes substantial period of time to get ready for their intended use are capitalized.



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#### d. DEPRECIATION

In respect of fixed Assets, depreciation is charged on WDV basis to write of the cost of the fixed asset.

Useful life of fixed Asset is taken on the basis of its use.

#### e. INVESTMENTS

Investments are classified into current investments and non current investments. Investments that are intended to be held for one year or more as on the date of Balance sheet are classified as non current investments and investments that are held for less than one year as on the date of Balance Sheet are classified as current investments. Non current investment are valued at cost. Income from investment is recognized in the year in which it is accrued and states at gross.

#### f. INVENTORIES

The stock in trade during the year is valued at cost or net realizable value whichever is less.

#### g. Employee Benefits:

No provision is made in respect of retirement benefits.

#### h. Revenue Recognition:

 Revenue has been recognized as and when there is a reasonable certainty of its ultimate realization



... 3 ...

#### i. Contingent Liability:

Provisions are recognized for present obligation of uncertain timing or amount as a result of a past 1) event where a reliable estimate can be made and it is probable that an outflow or resources embodying economic benefits will be required to settle the obligation. Where it is not possible that an outflow or resources embodying economic benefits will be required or the amount cannot be estimated reliably, the obligation is disclosed as contingent liability, unless the probability of outflow or resources embodying economic benefits is remote.

ii)Possible obligations whose existence will only be confirmed by the occurrence or non-occurrence of one or more uncertain events are also disclosed as contingent liabilities unless the probability of outflow of resources embodying economic benefit is remote.

j. Previous year's figures have been regrouped wherever necessary to confirm to current year's groupings.

#### k. Cash and Cash equivalents

Cash and cash equivalents for the purpose of cash flow statement comprise cash at bank and in hand and short term investments with an original maturity of three months or less

For JAIN ANIL & ASSOCIATES

Chartered Accountants

(ANIL JAIN

Proprietor

For and on behalf of Board of Directors

POWERHOUSE GYM & WELLNESS LIMIT

Ankush Gupta Whole-Time Director

Akshat Gupta

ManagingDirector

PLACE DATED

: MUMBAI 05.09.2016