

Aayush Food and Herbs Limited

Registered Office : G-321, 1st Floor, Chirag Delhi, New Delhi-110017, Tel.: 011-46095455
Email: aayushfoodherbs@gmail.com, www.aayushfoods.com, CIN: L01122DL1984PLC018307

03rd November, 2016

Department of Corporate Services

BSE Limited

Phiroze Jeejeebhoy Towers,
Dalal Street, Fort, Mumbai – 400 001

(Scrip ID – AAYUSH, Scrip Code – 539528)

The Listing Department

Metropolitan Stock Exchange of India Limited,

Vibgyor Towers, 4th floor, Plot No C 62, G - Block,
Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E),
Mumbai – 400 098

(Symbol – AAYUSH, Series – EQ)

Dear Sir/Ma'm,

Sub: Notice of Board Meeting in compliance with Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, Notice is hereby given that a meeting of the Board of Directors of the Company will be held on Saturday, the 12th November, 2016 at the Registered Office of the Company at G-321, Chirag Delhi, New Delhi-110017 to consider, interalia, Unaudited Financial Results of the Company for the quarter ended 30th September, 2016.

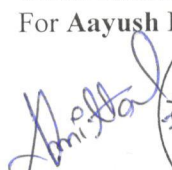
Further as per SEBI (Prohibition of Insider Trading) Regulations, 2015 the **Trading Window** for dealing in Equity Shares of the Company will remain closed for all Directors/Officers/ Designated Employees of the Company from November 3, 2016 till the completion of 48 hours after the results of Board Meeting as referred above are made public for the purpose of consideration of Unaudited Financial Results of the Company for the quarter ended 30th September, 2016.

Kindly take the same on your records.

Thanking You,

Yours faithfully

For **Aayush Food and Herbs Limited**


(Khushbu Mittal)
Company Secretary

