

**SEBI Exchange Board of India (Prohibition of Insider Trading) Regulations
(Regulation 13(4), 13(4a) AND 13(5))**

Details of change in shareholding or voting right held by Director or Officer and his dependants or promoter or person who is a part of Promoter Group of Arvind Remedies Limited

Name, PAN No. & Address of Promoter/ person who is a part of Promoter Group/ Director/ Officer with telephone number	V R. MEHTA. AFDPM 6384 D NON-EXEC INDEPENDENT DIRECTOR
No. & % of shares/ voting rights held by the Promoter/ person who is a part of Promoter Group/ Director/ Officer	25000 Shares, 0.036%
Date of receipt of allotment/ advice/ acquisition/ sale of shares/ voting rights	13.11.2013 - 14750 shares 14.11.2013 - 5250 shares
No. and % of shares/ voting rights acquired	14750 - 0.022% 5250 - 0.007%
Date of intimation to company	15.11.2013
Mode of acquisition (Market purchase/ public/ rights/ preferential offer, etc)	MARKET PURCHASE
No. & % of shares post acquisition	45000 Shares, 0.066%
Trading member through whom the trade was executed with SEBI Registration No. of the TM	DOUGAR & ASSOCIATES SECURITIES LTD INB 230876132
Exchange on which the trade was executed	NSE
Sell quantity	NA
Sell value	NA

Mehta
15.11.2013

